

**Bath & North East
Somerset Council**



Training Booklet

April 2018-2019

Courses for Foster Carers, Family & Friends, Special Guardians & Family Link/Short Break Carers & Adopters

**BATH & NORTH EAST SOMERSET AND SOUTH GLOUCESTERSHIRE TRAINING PLANNER
FOR: FOSTER CARERS, FAMILY AND FRIENDS CARERS, SPECIAL GUARDIANSHIP
CARERS, FAMILY LINK/SHORT BREAK CARERS AND ADOPTERS**

The majority of this training is also suitable for, and available to Social Workers, Childcare Workers, Health Visitors, Education and Teaching and Support staff, however, priority will be given to carers.

HOW TO USE THIS TRAINING BOOKLET

The first few pages of the booklet will tell you which courses you have to complete for your particular type of caring role.

Courses and support groups are then listed by calendar month if using this electronically you can easily click on the link for further information about the course to enable you to book your training throughout the year.

Face to face courses are then listed alphabetically, followed by E-Learning courses. Wherever possible carers are encouraged to make use of the extra value that training with colleagues can bring.

Learning and Development for Foster Carers, Adopters, Family and Friends Carers, Family Link Carers and Special Guardians

Our commitment to you – we will:

- Provide clear information about how to book
- Provide joining instructions and location advice via email or letter
- During training events ensure delegates are actively involved and have the opportunity to discuss and share ideas and best practice with other carers and staff
- Ensure sessions are carefully planned and meet their aims by using a variety of activities and training methods
- Use evaluation/feedback forms to improve our services, and provide copies of them for you to discuss the knowledge gained during supervision

To enable us to provide a good service to all delegates we ask that you:

- Follow the booking and cancellation policy (book before attending and attend if you have booked)
- Arrive in good time and sign in, or advise us if you will be late
- Keep to any parking arrangements
- Come prepared to listen, contribute and share good practice
- Provide honest, constructive feedback and fair evaluation of courses
- Find opportunities to share the learning with other carers and your social worker

Training arrangements

To book or cancel a course please contact:

Bath and North East Somerset: Please email fpt_training@bathnes.gov.uk or phone 01225 394949

South Gloucestershire: Please use the self - service booking system to request and cancel places that are organised by South Gloucestershire. This can usually be identified by the venue where the course is being held. To book a place on our training, please click on the hyperlinks found in the training booklet which will take you directly to the course. From here you will be able to request a place. Alternatively, you can visit: <https://learning.southglos.gov.uk/> and carry out a search to find the course that you would like to book on.

To logon, your username is the email address we have for you, and you are able to request a new password from the site if you cannot remember your login details. By going into 'My Account', there are many functions that you can access, including changing your contact details and cancelling places on courses. You are also able to keep your training record up to date by entering courses you have done outside of South Gloucestershire by selecting the 'Add Event'.

If you would like to attend a course that is being held in Bath and North East Somerset, or wish to add your name to a waiting list for courses that are yet TBA (to be arranged) then please email your training request to Business Support ICS-CAHBusinessSupportBMR@southglos.gov.uk (FPT: in Subject box) or Tel: 01454 868095

B&NES carers and adopters who have accessed training organised by South Gloucestershire, will also have access to bookings in this way.

Our courses and development opportunities are designed and promoted when we have strong evidence that there is a need for them. However, if 20 days before the event the minimum required number of delegates has not been met, the course will be re - circulated and may be postponed or cancelled. Occasionally some delegates will be prioritised according to need.

If the lead trainer is unavailable due to illness or other exceptional circumstances, the event will either be cancelled or postponed and we will notify you by phone or email.

No - show policy

Please note non - attendance or failure to cancel bookings within 5 working days of a course will result in the training budget being charged £80 for each day of training missed. If you need to cancel, please let us know as soon as possible so that another person can be offered your place.

Childcare

One of the advantages of attending training is to meet other people working with children in care, in different roles. We endeavour to offer most of our training during school hours. However to provide variety, quality and choice, some training is between 09.00 and 16.30, in the evenings, or at weekends. We recognise that this can be difficult for some carers/parents so we aim to give as much notice as possible of the courses, so that you may be able to make arrangements to cover childcare through your own personal network or via your fostering social worker.

We look forward to meeting you at one of our training events. Please contact us if you have any queries or comments. We welcome your feedback.

Sue Scullard – Tel: 01225 395068 email sue_scullard@bathnes.gov.uk

Catherine Charlton – Tel: 01454 866026 email catherine.charlton@southglos.gov.uk

Courses Relevant for Adoptive Families

We have put a symbol (♥) next to the courses which are relevant for adoptive families. It is strongly recommended that all adopters attend a first aid course prior to a child being placed.

TRAINING PATHWAY

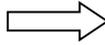
TRAINING PATHWAY FOR FOSTER CARERS AND FAMILY & FRIENDS CARERS

SKILLS TO FOSTER TRAINING

Preparation course for prospective:

- Foster Carers
- Family & Friends Carers

Introduction to the Training, Support and Development Standards (TSDS) which need completion within a year of approval, or 18 months for Family & Friends Carers



**PANEL
APPROVAL
AS FOSTER
CARER**



INDUCTION VISIT FROM YOUR SUPPORTING SOCIAL WORKER

- Welcome to fostering
- Children's Services and some essential policies and procedures explained, including: supervision agreement, foster carer agreement, access to foster carer's handbook.



CORE TRAINING (all 8 to be completed within 2 years)

Face to face and on - line courses available

1. First Aid*
2. Safeguarding/Child Protection*
3. Safer caring
4. Equality and diversity
5. Report writing
6. Attachment and well - being
7. Managing Behaviour
8. Child Sexual Exploitation *

*Core skills 1, 2 & 8 require updating every 3 years.

Courses 1 to 4 also need to be completed by the supporting carer.



FURTHER SKILLS DEVELOPMENT

Face to face and E-Learning courses available

- Helps you to develop skills around particular issues
- Bespoke training for foster carers, or delivered by specialists for all the children's workforce External development opportunities and support groups are also included

CORE SKILLS TRAINING -

For Family & Friends and Foster Carers - core skills are detailed on the **Training Pathway** on the previous page. All carers need to complete their Core Skills training within the first 2 years of caring (secondary carers are required to complete courses 1 to 4. All core skills training for foster carers is identified by number on the contents page.

For Family Link Carers /Short Break Carers for disabled children	Repeat/refresher training
Core Skill 1 First Aid*	To be repeated every 3 years
Core Skill 2 Safeguarding / child protection*	A refresher required every 3 years
Core Skill 3 Safer Caring*	
Core Skill 4 Equality & Diversity*	
Moving and Handling People - (to be completed if caring for a child with these needs)	A refresher required every 3 years
Core Skill 8 Child Sexual Exploitation	To be repeated every 3 years

NATIONAL: TRAINING, SUPPORT AND DEVELOPMENT STANDARDS (TSDS)

All of our training is linked to the National Minimum Standards for Foster Care, and the Department for Education's Training, Support and Development Standards for Foster Care.

Completing your Training Support and Development Standards (TSDS)– for Foster Carers, Short break and Family & Friends Carers

During the preparation training you will start to gather evidence for your TSDS. These are induction standards to ensure that each carer nationally has achieved the same baseline level of knowledge and skills.

Although this piece of work is to be completed with your Supervising Social Worker, we recognise that some carers would like a little more support guidance with them, as a result we offer short sessions for carers entitled "[Getting on the right track with TSDS](#)"

PROFESSIONAL DEVELOPMENT

In order to keep abreast with developments and to offer the best possible placements, we ask that carers attend four appropriate training events or development activities each year as evidence of learning. This needs to be discussed at supervision regularly.

For your convenience we have arranged a calendar of events of courses that we have already scheduled. Please note that there are courses and events that we hope to run, that we don't currently have dates for, which are listed separately. It is important to apply to be put on a waiting list for these so that we can ensure they are viable to run.

CALENDAR OF COURSES AND EVENTS

ADOPTERS

Courses and support specifically for [Adopters](#)
[South Gloucestershire Adoption Support](#) and [Coffee mornings](#) and [Thinking Allowed](#) – Specialist CAMHS Service for Children Looked After Away from their Birth Parents.

Additional suitable courses are marked with a ♥

FAMILY LINK/SHORT BREAK CARERS

Additional links to courses for [Family Link/Short Break Carers](#)
These terms cover all carers looking after children with disabilities on a short term basis.

FOSTER CARERS SUPPORT

South Gloucestershire [One Voice](#) Foster Carer Association, and [Pitstop](#) Coffee mornings.
[Sons and Daughters](#), a support group for your own children.
[Thinking Allowed](#) – Specialist CAMHS Service for Children Looked After Away from their Birth Parents
[Computer Support](#).- How to send your record via email and book courses online
[Home Computer Support](#) :

B&NES [Caring for Carers](#)
[Children of Foster Carers](#) (CFC) a support group for your own children
[Pre-school](#) support group
[Computer Support](#).- How to send your record via email and book courses online
[Multi-Cultural Library](#) – Books, toys, CDs
[In - care Council and advocacy service](#) for B&NES
[Support Groups in B&NES](#) Autistic Groups, Black Families Education Support Group
[Fosterline](#) – National support line for Foster Carers

SPECIAL GUARDIANS AND CONNECTED CARERS

Courses specifically for [Special Guardians](#) and connected carers. [Coffee Mornings](#)
[Thinking Allowed](#) – Specialist CAMHS Service for Children Looked After Away from their Birth Parents.

LOCAL SAFEGUARDING CHILDRENS BOARD TRAINING for further information please click on the links below

Many dates throughout the year on these courses:

[B&NES Standard Inter-Agency Child Protection](#)

[South Gloucestershire Inter-Agency Child Protection](#)

[B&NES Advanced Inter-Agency Child Protection](#)

[South Gloucestershire Advanced Inter-Agency Child Protection](#)

[B&NES PREVENT](#) – awareness workshop re radicalisation

[South Gloucestershire PREVENT](#)

B&NES Local Safeguarding Children's Board [LSCB Specialist Courses](#), carers can attend if they have an identified specific need with their placement.

[Child Sexual Abuse](#)

Child Sexual Exploitation – [Skills for Practice](#)

[Disability and Child Protection](#)

[Domestic abuse](#) and Child Protection

[Neglect and Child Protection](#)

[Substance misuse and Child Protection](#)

OTHER EXTERNAL COURSES

[Food and health](#) courses

Waiting lists being held for the following courses, please apply now to ensure there is enough interest for the course to run:

Dates	Timing	Subject
TBA	18:30 – 21:30	Child Protection for Foster Carers and Family Link Carers
09/07/2018	18:30 – 21:30	Child Sexual Exploitation Awareness for Foster Carers
TBA	18:30 – 21:00 09:30 – 12:00	Drugs – Support Session for Foster Carers who have Young People Misusing Substances.
TBA	2 days 9.30 – 14.30	Identity - Understanding the Needs of Looked After Children
TBA	18:30 – 21:00 x 2 09:30 – 14:30	Loss, Change and Bereavement for Children Adopted or Looked After
TBA	09:30 – 14:30	Parenting using a Non-Violent Resistant Approach to overcome difficult behaviours
TBA	09:30 – 13:00	On-line Safety
TBA	09:30 – 14:30 Or	Promoting Health and Emotional Resilience

	(18:30-21:00 x 2)	
TBA	09:30 – 14:30	Sensory Processing
4 sessions Spring 2019	10:00 – 13:00	Theraplay with Ali Cliffe Core Skill 7
TBA	18:30 – 21.00	Understand the Principles and Values essential for fostering children and young people

On-line courses

[Kate Cairns Associates](#)

[AC Education](#)

[South Gloucestershire LSCB Training](#)

[B&NES Children's Workforce and LSCB ELearning](#)

School Holidays 23rd March – 9th April 2018

APRIL 2018

Day	Date	Time	Core Skill	Course Title
Monday	9 th	20:00 – 21:00		ASD and Sensory Processing Webinar event
Monday	9 th	09:30 - 16:30	6	Attachment, Trauma & Recovery -DAIS programme Kingswood Civic Centre
Tuesday	10 th	10:00 - 12:00	2	Pre-school support group Q and A Session with LAC Nurse Time Out, Keynsham
Wednesday	11 th , 18 th , 25 th	09:30 – 14:30		Youth Mental Health First Aid Kingswood Civic Centre
Thursday	12 th	13:00 – 16:30	4	Equalities Training West 1.3 Civic Centre, Keynsham
Tuesday	17 th	09:30 - 12:00	7	Start of Butterflies and Bees Runs 17/4/18 to 15/5/18 & 5/6/18 to 3/7/18 The Jubilee Centre, Bradley Stoke.
Tuesday	17 th	13.30 – 16.30	8	CSE Awareness Raising Course , Community Space, Keynsham
Wednesday	18 th	10:00 - 12:30		ASD and Sensory Processing Corsham, Wilts
Wednesday	18 th	18:00 – 20:30		ASD - Essential Guide Bristol BS1 5JE

Friday	20 th	10.00 – 12.30		Moving on children to a permanent home Community Space, Keynsham
Monday & Tuesday	23 rd & 24 th	09:30 – 15:30		Mental Health First Aid Southdown Methodist Church, Bath
Monday	23 rd	10:00 – 13:00		X Change - FREE DRUGS information & how to talk to young people about it. The Batch, Warmley
Monday	23 rd	20:00 – 21:00		ASD and social anxiety Webinar
Monday	23 rd	9.30 – 13.0	2	Toxic Trio Awareness Training West 1.1 Keynsham Civic Centre
Thursday	26 th	10.00 – 12:30		ASD and Challenging Behaviour Bristol BS1 5JE
Thursday	26 th	9.30 – 12.30		Identifying and responding to age-inappropriate sexualised behaviour Kingswood Civic Centre
Friday	27 th	10:00 – 12:30		Friendships and Making Relationships Community Space, Keynsham
Saturday	28 th	10:00 – 12:30		Autistic Meltdowns and Shutdowns Corsham, Wilts
Saturday	28 th	09.30 - 16.00	1	First Aid for Carers Acorn Health & Safety, Warmley

MAY 2018

School holidays 25th May to 4th June

Wednesday	2 nd	20:00 – 21:00		ASD and Anxiety Webinar event – in your home
Thursday	3 rd	09:30 – 16:30		Basic Drug and Alcohol Training Kingswood Civic Centre
Wednesday	9 th	20:00 – 21:00		Autistic Meltdowns and Shutdowns Webinar event – in your home
Wednesday	9 th	10:00 – 11.30		Education Understanding and working with the Virtual School Community Space, Keynsham
Thursday	10 th	10.00 – 13.00		Health Matters , including effects of maternal drug/alcohol abuse. Time Out, Keynsham.
Monday	14 th	09:30 – 12:30		Signs of Safety Awareness Kingswood Civic Centre

Wednesday	16 th	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Trauma
Wednesday	16 th	10:00 – 13:00		X Change : Benefits that animals can bring to our children Community Space, Keynsham
Friday	18 th	09:30 – 13:00		Deliberate Self Harm and Suicidal Behaviour The Hollies, Midsomer Norton
Monday	21 st	09.30 - 16.00	1	First Aid for Carers Poole Court, Yate,
Wednesday	23 rd	10:00 – 12:00		Caring for Carers Community Space, Keynsham

1st to 4th June- SCHOOL HOLIDAYS

JUNE 2018

Thursday	7 th	09:30 - 14:30		Preparing young people for independence Kingswood Civic Centre
Monday	11 th	9.30 – 16:00		Drugs and Alcohol Training Southside Youth Centre
Tuesday	12 th	10:00 – 13:00		X Change : - Young people missing from care Armadillo Cafe, Yate
Thursday	14 th	09.30 – 16.00	1	First Aid for Carers Community Space, Keynsham
Thursday	14 th	09:30 – 12:00	2	Child Protection – Basic Awareness The Batch, Park Rd, Warmley, Bristol BS30 8EB
Thursdays	21 st & 28 th	09.30 – 13:00		Contact - Planning Contact and Promoting Healthy Relationships for Children & Young People in Public Care
Tuesday	26 th	09:30 - 14:30	3	Safer Caring Keynsham Civic Centre W1.3

JULY 2018

School holidays 23rd July to 3rd September

Tuesday	3 rd	10.00 – 12.00		Pre-school support group Time Out, Keynsham Subject: Sleep
Monday & Tuesday	2 nd & 3 rd July	09:30 - 14:30		Total Respect , Kingswood Civic Centre

	& 20 th Sept (1/2 day)			
Tuesday	4 th	10:00 - 12:30		ASD and Socialising Larkhall, Bath
Tuesday	4 th	10:00 – 12:00		The Virtual School – Keeping in touch days: Transitions. The Armadillo, Yate.
Thursday	5 th	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Working with the Department
Thursday	5 th	9.30 – 12.30		Managing Feelings (for Carers); Identifying Compassion Fatigue (secondary trauma) Community Space, Keynsham.
Friday	6 th	9.30 – 16.30		Assessments and Interventions with Children Kingswood Civic Centre
Monday	9 th	18.30-21.30	8	Child Sexual Exploitation Awareness for Foster Carers The Hollies, Midsomer Norton
Tuesday	10 th	09:30 - 14:30	5	Write Enough – Recording The Batch, Park Rd, Warmley, Bristol BS30 8EB
Monday	12 th	10:00 – 13:00		X Change – Fostering Asylum Seeking Children and Young People. Community Space, Keynsham
Tuesday	17 th	9.30 – 12.30		Domestic Abuse – how children are affected , a course for carers Community Space, Keynsham
Wednesday	18 th	09:30 – 16:30		Basic Drug and Alcohol Training Kingswood Civic Centre
Saturday	21 st	Check local information		BATH CARNIVAL Bath
23rd to 31st JULY SCHOOL HOLIDAYS				
1st to 31st AUGUST - SCHOOL HOLIDAYS				

SEPTEMBER 2018				
Thursday	6 th	10.00- 12.00		Caring for Carers Community Space, Keynsham
Tuesday	11 th	10:00 – 12:00		The Virtual School – Keeping in touch days: Follow up to transitions & the importance of socialising in secondary school. The Armadillo, Yate.
Wednesday	12 th	18:45 – 20:45	6	Developing Healthy Relationships and Emotional Resilience , F36/37 Kingswood Civic Centre

Wednesday	12 th	10:00 – 13:00		X Change Staying Put and Living Together Agreements The Batch, Park Rd, Warmley, Bristol BS30 8EB
Friday	14 th	09:30 – 14:30		Understanding Self Harm Kingswood Civic Centre
Saturday	15 th	09:30 - 16:00	1	First Aid for Carers – Acorn Safety, Warmley
Wednesday	Starts 19 th	10.00 – 13.00	6	Foundations for Attachment Dates: Wednesdays 19 th , 26 th September, Thursdays 4 th , 11 th , 18 th , 25 th October Community Space, Keynsham
Thursday	18 th	10:00 - 12:00		Getting on the right track with TSDS , Kingswood Civic Centre
Wednesday	19 th	18.30 – 20.30	2	E Safety Kingswood Civic Centre
Saturday	22 nd , 29 th	09:30 – 16:00		Youth Mental Health First Aid The Batch, Park Rd, Warmley, Bristol BS30 8EB
Monday	24 th	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Subject: Managing Contact
Wednesday	26 th	09:30 – 12:00	7	Start of Butterflies and Bees Runs 26/9/18 to 24/10/18 and 7/11/18 to 5/12/18 The Batch, Warmley
Wednesday	26 th	09:30 - 16:30	6	Attachment, Trauma & Recovery -DAIS programme Kingswood Civic Centre
Thursday	27 th	09:30 – 14:30	6&7	Emotion Coaching Kingswood Civic Centre
Thursday	27 th	09:30 – 13:00		Eating Disorders – Introduction & Awareness W1.1 Keynsham Civic Centre
OCTOBER 2018				
Wednesdays	2, 9, 16 th	09:30 – 12:00	6	Why and How? The Batch
Monday	8 th	09:30 – 13:00	2	Neglect Awareness Training West1.1, Civic Centre, Keynsham
Wednesday	10 th	10.00 – 12.00		Pre-school support group Time Out, Keynsham Subject: Asthma and Rashes
Thursdays	11 th & 18 th	18:15 – 21:30	1	First Aid for Carers – Badminton Road, Yate

Thursday	18 th	09:30 – 16:30	6	Life Story Work – Kingswood Civic Centre
Wednesday	24 th	10.00 – 12.00	6	Building Resilience Workshop F18 Kingswood Civic Centre
Thursday	25 th	09:30 – 12:30		Signs of Safety Awareness Kingswood Civic Centre
26th OCTOBER to 5th NOVEMBER - SCHOOL HOLIDAYS				
NOVEMBER 2018				
Thursday	8 th	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Transition of your role
Monday	12 th	10:00 – 13:00		X Change – Life History Work Community Space, Keynsham
Tuesday	13 th	9.30 – 14.30	3	Safer Caring F38 Kingswood Civic Centre.
Wednesday	14 th	9:30 – 12.30	8	Child Sexual Exploitation Awareness Raising Course, The Hollies, Midsomer Norton BA3 2DP
Wednesday	14 th	18:30 – 21:00	2	Child Protection – Basic Awareness F36/37 Kingswood Civic Centre.
Thursday	15 th	13:00 - 16:30	4	Equalities Keynsham Civic Centre W1.3
Tuesday	20 th	10:00 – 12:00		The Virtual School – Keeping in touch days: The Role of the Virtual School. The Armadillo, Yate.
Tuesday	20 th	09.30 – 16.00	1	First Aid for Carers Community Space, Keynsham
Wednesday	21 st & 28 th	18:45 – 20:45		Something for the Boys ; providing an engaging alternative to learning from porn F36/37 Kingswood Civic Centre
Wednesday	21 st	09:30 – 15:30	6	Attachment – Introduction & Awareness The Hollies, Midsomer Norton
Thursday	22 nd	10.00 – 13.00	6	Health Matters , including effects of maternal drug/alcohol abuse. W1.4 Keynsham Civic Centre, Keynsham.
Monday	26 th	10.00-13.00		Education Conference Community Space, Keynsham
Wednesday	28 th	9.30 – 14.30	6	‘I’m not worth it.’ How to help children develop positive self-esteem Community Space, Keynsham

Thursday	29 th	9.30 – 16.30		Assessments and Interventions with Children Kingswood Civic Centre
----------	------------------	--------------	--	---

DECEMBER 2018

21ST DECEMBER TO 7TH JANUARY 2019- SCHOOL HOLIDAYS

Monday	3 rd	10:00 – 13:00		X Change - Working with young people that display harmful sexual behaviour. Alice Hunt from Be Safe will lead this session. The Batch, Warmley.
Thursday	6 th	10.00 – 12.00		Pre-school support group Time Out, Keynsham

JANUARY 2019

Thursday	10 th	10:00 - 12:00		Getting on the right track with TSDS Keynsham Civic Centre W1.4
Tuesday	15 th	09:30-12:00	7	Start of Butterflies and Bees Runs 15/1/19 to 12/2/19 and 26/2/19 to 26/3/19. The Armadillo, Yate.
Wednesday	16 th	09:30 - 14:30	5	Write Enough - Recording W1.3 Keynsham Civic Centre Market Walk, Keynsham BS311FS.
Thursday	17 th	10:00 – 12:00		The Virtual School – Keeping in touch days: Revision, Poole Court, Yate.
Monday	21 st	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Safeguarding & Safer Caring
Wednesday	23 rd	9.30 – 16.30	6	Building Resilience to Stress Less Kingswood Civic Centre
Thursday	24 th	10.00- 12.00		Caring for Carers Community Space, Keynsham
Thursday	24 th	9.30 – 13.00	2	Toxic Trio Awareness Training West 1.1 Keynsham Civic Centre
Saturday	26 th	09:30 - 16:00		First Aid for Carers – Acorn Health & Safety, Warmley
Tuesday	29 th	10:00 – 13:00		X Change: The Batch, Warmley
Tuesday	29 th	09:30 – 14:30		Understanding Self Harm Kingswood Civic Centre
Wednesday	31 st & 7 th &14 th Feb	9.30 – 12:00	6	Why and How? Poole Court, Yate

FEBRUARY 2019

15TH 25TH February SCHOOL HOLIDAYS

Tuesday	5 th	10.00 – 12.00		E Safety Kingswood Civic Centre
Thursday	7 th	10 – 11.30		Education – Understanding and working with the Virtual School W1.3 Keynsham Civic Centre
Monday	11 th	18:30 – 20:30	6	Building Resilience Workshop F36/36 Kingswood Civic Centre
Tuesday	12 th	09:30 - 16:30	6	Attachment, Trauma & Recovery -DAIS programme Kingswood Civic Centre
Tuesday	12 th	09:30 – 12:30		Signs of Safety Awareness Kingswood Civic Centre
Tuesday & Wednesday	12 th & 13 th	09:30 – 14:30	4	Managing Behaviour Positively and Appropriate Physical Intervention Community Space, Keynsham
Tuesday	26 th	10:00 – 13:00		X Change : - Enjoying your teenagers Community Space, Keynsham
Monday	Starts 25 th	10.00 – 13.00		Foundations for Attachment Dates: Monday 25 th Feb, Monday 4 th March, Monday 11 th March, Tuesday 19 th March, Monday 25 th March and Monday 1 st April. Community Space, Keynsham

MARCH 2019				
Wednesday	6 th	10:00 – 12:00		The Virtual School – Keeping in touch days: Reading, The Armadillo, Yate.
Thursday	7 th	10:00 – 12:30		Launch Pad – For Special Guardians and Connected Carers Attachment and Trauma
Thursday	7 th	10.00 - 12.00		Caring for Carers Community Space, Keynsham
Tuesday	12 th	09:30 - 14:30		Talking to your children and young people about Relationships, Sex and Sexual Health – Kingswood Civic Centre F39/40
Wednesday	13 th	09:30 – 16:30	1	First Aid for Carers – Poole Court, Yate,
Thursdays	14 th & 21 st	18:30 – 21:30		Safer Caring: Men in foster care Badminton Road, Yate
Thursday	21 st	10.00 – 12.00		Pre-school support group Time Out, Keynsham
5 th to 23 rd April SCHOOL HOLIDAY				

FACE TO FACE TRAINING (in alphabetical order)

Please Note: Non - attendance or failure to cancel bookings within 5 working days of a course will result in the Foster Carers/Adopters training budget being charged £80 for each day of training missed. If you need to cancel your place please let us know AS SOON AS POSSIBLE, thank you.

♥ Training suggested for Adopters

CORE SKILL:6**Foundations for Attachment Training**

Dates: Wednesdays 19th, 26th September, Thursdays 4th, 11th, 18th, 25th October

Time: 10.00 – 13.00

Trainers: Laura Dixie

Venue: Community Space, Keynsham

Dates: Monday 25th Feb, Monday 4th March, Monday 11th March, Tuesday 19th March, Monday 25th March and Monday 1st April.

Time: 10.00 – 13.00

Trainers: Laura Dixie

Venue: Community Space, Keynsham

The Foundations for Attachment Programme is a six-session programme for those parenting children who have relationship difficulties, especially children who have experienced attachment problems, trauma, loss and/or separation early in their life.

This is a Dyadic Developmental Psychotherapy (DDP) informed programme, developed by Dan Hughes, this programme is developed by Kim Golding.

It introduces carers to four significant challenges of parenting children whose capacity to emotionally connect with them has been compromised. These are:

- The child experiencing blocked trust
- The child fearing intersubjective connection within reciprocal relationships
- The child experiencing high levels of shame
- The child miscuing their attachment needs through a pattern of expressed and hidden needs.

This programme has been written with the aim of helping parents to:

- Gain an understanding of these challenges and explore ways of building emotional connections with the children. This can increase trust in reciprocal and attachment relationships leading to increased attachment security and reduced levels of shame.
- Understand how to provide support for behaviour alongside building these connections. This has been termed 'connection with correction' by Dan Hughes.
- Explore the dangers of blocked care when caring for children with blocked trust and understand the importance of looking after themselves.
- Understand the significance of exploring one's own attachment history when caring for children with attachment difficulties.

CORE SKILL:6**Course Title: Attachment – Introduction and Awareness**

Date: Wednesday 21st November 2018

Time: 09:30 - 15:30

Trainers: Laura Pettigrew, Fiona Brodie & Martin Elliott CAMHS

Venue: Council Chamber, The Hollies, Midsomer Norton BA3 2DP

Introduction

This training aims to raise awareness of attachment issues and how to identify when targeted or specialist intervention is required. The session will help participants towards an understanding of attachment; trauma and attachment; and, identifying attachment disorders and issues.

Aim: This full day course provides an opportunity to increase awareness of attachment issues and how to identify when targeted or specialist intervention is required.

Target Group:

This course is for staff who work predominantly with children, young people and/or their parents/carers.

Objectives:

By the end of the course participants will have an understanding of attachment, trauma and identifying attachment disorders.

Course title: Autistic Spectrum Workshops

About the curly hair project:
 The curly hair project is a UK social enterprise dedicated to supporting women and girls with autism spectrum disorders (ASD) and their loved ones. Founder Alis Rowe created the organisation in 2013 after struggling to find good quality, uplifting information about ASD for herself. Alis Rowe is an acclaimed author and award winning young entrepreneur. Her work has been endorsed by leading professionals including Professor Tony Attwood. For information about the curly hair project, please visit www.thegirlwiththecurlyhair.co.uk. These workshops and webinars are relevant to both males and females.

<p>Subject: ASD – Essential Guide Date: Wednesday 18th April 2018 Time: 18:00 – 20:30</p>	<p>The Pavilion, No1 Hannover Quay Harbourside Bristol BS1 5JE</p>
---	---

This workshop looks at the foundations of the complicated – often misunderstood – condition known as Autism Spectrum Disorder (ASD). This workshop covers the following topics:

- the dyad of impairments
- personality types/how personality can influence the way ASD is expressed
- co-occurring conditions
- why a diagnosis is important
- reasonable adjustments in society (the workplace, education, etc.)

<p>Subject: ASD and Sensory Processing Date: Monday 9th April 2018 Time: 20:00 – 21:00</p>	<p>Venue: On your home computer</p>
--	---

This workshop looks at the sensory challenges that people have in addition to their ASD. This workshop covers the following topics:

- What are sensory processing difficulties?
- Hyper vs hyposensitivities
- The impact of sensory difficulties on behaviour
- How do sensory difficulties affect sleep, diet and exercise?
- Making the environment more comfortable

<p>Subject: Autistic Meltdowns and Shutdowns Workshop Date: Saturday 28th April 2018 Time: 10:00 - 12:30</p> <p>Webinar Date: Wednesday 9th May 2018 Time: 20:00 – 21:00</p>	<p>Venue: Springfield Campus, Beechfield Road Corsham SN13 9DN</p> <p>On your home computer</p>
--	--

This workshop covers the following topics:

- What are meltdowns and shutdowns?

<ul style="list-style-type: none"> • Causes, anticipation and prevention • How to help during a meltdown • Meltdowns in public places 	
CORE SKILL 7: Subject: ASD and Challenging Behaviour Date: Thursday 26 th April 2018 Time: 10:00 - 12:30	Venue: The Pavilion No1 Hannover Quay Harbourside Bristol BS1 5JE
This workshop will look at behaviours commonly seen in ASD, that may be considered 'challenging.' We will look at the underlying reasons for behaviours and strategies for managing these behaviours. Topics covered include: The 3 main causes of challenging behaviour Rigidity, avoidance and repetitive questioning Self-injurious behaviour Improving the environment and improving communication to change these behaviours	
Subject: ASD and social anxiety Date: Monday 23 rd April 2018 Time: 20:00 – 21:00	Venue: On your home computer
Webinar event <ul style="list-style-type: none"> • Why people on the spectrum are prone to social anxiety • Differences between social anxiety in NT vs ASD • Strategies for reducing social anxiety 	

Subject: ASD and Anxiety; Strategies for Daily Life Webinar Date: Wednesday 2 nd May 2018 Time: 20:00 – 21:00	Venue: On your home computer
Content: <ul style="list-style-type: none"> • Comparison of anxiety in autistic people vs neuro-typical people. • Emotional understanding and regulation. • Cognitive Behavioural Therapy (CBT). • Strategies for managing anxiety in day to day life. 	

Subject: Bath Carnival Date: Saturday 21 st July 2018 Time: 10:00 onwards	Venue: Bath
A free party celebrating carnival arts in the centre of Bath. A vibrant procession transforms the streets with a colourful blending pot of carnival culture. Expect South American drumming, Caribbean steel pan, Mardi Gras style brass, and a range of traditional and contemporary dance choreography and crazy colourful costumes. A line up of live music spanning genres from around the World. Loads of fun kids activities, free workshops and a tasty selection of food and drink offerings.	

CORE SKILLS TRAINING 6 and 7: Attachment and Managing Behaviour Course Title: Butterflies and Bees	
Date: Runs 17/4/18 to 15/5/18 & 5/6/18 to 3/7/18 Time: 09:30 - 12:00 Trainer: South Gloucestershire Thinking Aloud	Venue: The Jubilee Centre, Bradley Stoke

<p>Date: Runs 26/9/18 to 24/10/18 and 7/11/18 to 5/12/18 Time: 09:30 - 12:00 Trainer: South Gloucestershire Thinking Aloud</p>	<p>Venue: The Batch, Warmley</p>
<p>Date: Runs 15/1/19 to 12/2/19 and 26/2/19 to 26/3/19. TBC Time: 09:30 - 12:00 Trainer: South Gloucestershire Thinking Aloud</p>	<p>Venue: The Armadillo, Yate. TBC</p>
<p>Emotional Health for Young People Looked After in South Gloucestershire</p> <p>'Butterflies and Bees'</p> <p>A training course designed to support foster carers, adopters and special guardians in developing their ability and confidence to respond therapeutically to the children in their care.</p> <p>This in-depth course is a key intervention from the Thinking Aloud team, designed to help you as carers develop your ability to support the children in your care. We will cover topics such as attachment and trauma, as well as consider different behaviours that might be difficult to manage within the home. We will spend some time thinking about your responses to difficulties in your relationships with the young people in your care, and discover and practice a range of practical techniques to improve their and your wellbeing.</p> <p style="text-align: center;">Participants will have the opportunity to:</p> <ul style="list-style-type: none"> - Consider the difficulties they experience in caring for the children in their care. - Recognise their individual reactions to the challenges of caring for a child. - Identify a variety of self-care strategies to support y in their role as a carer. - Expand their understanding of attachment, shame and trauma. - Develop a greater appreciation of how a child's past gets in the way of them benefiting from the care they are provided. - Focus on the particular behaviours and challenges they face with the children in their care. - Experience and practice a range of therapeutic responses, based on Dan Hughes' PACE.. 	

Bath & North East Somerset LSCB Training

For dates and details of all Bath and North East Somerset Local Safeguarding Children's Board Training please visit: <http://bathnes.learningpool.com> or contact ftp_training@bathnes.gov.uk

CORE SKILLS TRAINING 2: Child Protection		
Course Title: Child Protection for Foster Carers and Family Link Carers		
Trainer: Kitty Crowther		
Date: TBA	Time: 18:30 - 21:30	Venue: The Hollies, Midsomer Norton
Course description:		
<p>This course is an opportunity for Foster Carers and Family Link Carers to develop or refresh their knowledge around child protection issues and the processes involved.</p> <p>The course includes identifying child protection concerns, understanding how to make a referral and understanding your role and responsibilities in relation to safeguarding children. This course also looks at the process of information sharing.</p> <p>Learning Outcomes - at the end of this course participants will:</p> <ul style="list-style-type: none"> Be aware of the definitions and types of abuse and their impact on children. To be able to recognise and respond to safeguarding and child protection concerns. 		

CORE SKILLS TRAINING 2: Child Protection		
Course Title: Interagency Child Protection: Standard		
Trainer: This course is led by Kitty Crowther, LSCB Training Coordinator		
Dates: Throughout the year	Time: 09:30 - 16:30	Venue: Keynsham or Midsomer Norton
Aim: This course provides an opportunity to explore with colleagues from other organisations the challenges and benefits that exist in working in a multi-agency system, and to promote and improve inter-agency best practice.		
<p>The course includes identifying child protection concerns, understanding how to make a referral and understanding your role and responsibilities in relation to safeguarding children. This course also looks at the process of information sharing.</p> <p>Target group: The standard Inter-Agency Child Protection course is for staff who work predominantly with children, young people and/or their parents/carers and who may contribute to the assessment, planning and reviewing of children's needs and parenting capacity where there are safeguarding concerns.</p> <p>Objectives: By the end of the course participants will be able to:</p> <ul style="list-style-type: none"> Understand the definitions and types of child abuse, including child sexual exploitation and their impact on children. Be able to recognise and respond to safeguarding and child protection concerns appropriately. Be aware of the "early help" offer in B&NES and the importance of consent based, multi-agency planning. Be aware of the child protection process and how key agencies work together to identify and meet the needs of children where there are safeguarding concerns. Be aware of the impact that domestic abuse, substance misuse <p>and parental mental health can have on parenting capacity.</p> <ul style="list-style-type: none"> Be aware of what is meant by superficial/disguised compliance and the importance of family history and functioning. To have an understanding of the Information Sharing Guidance (2015), and when/ where it is appropriate and important to share information. 		

CORE SKILLS TRAINING 8: Child Sexual Exploitation**Course Title: Child Sexual Exploitation Awareness****Date:** Tuesday 17th April 2018**Time:** 13.30 – 16:30**Trainer:** B&NES LSCB**Venue:** Community Space, KeynshamDate: Wednesday 14th November 2018

Time: 09:30 – 12:30

Trainer: B&NES LSCB

Venue: The Hollies, Midsomer Norton BA3 2DP

This course is open to B&NES carers who have already attended a child protection course.

This is a 3 hour session which aims to raise awareness about neglect, what signs to look out for and what to do if you are worried about a child or young person.

CORE SKILLS TRAINING 8: Child Sexual Exploitation**Course Title: Child Sexual Exploitation Awareness for Foster Carers****Date:** Monday 9th July 2018**Time:** 18:30 - 21:30**Trainer:** Rachel Allen-Ringham**Venue:** The Hollies, Midsomer Norton

This course has been designed particularly for Foster Carers and is an introduction into CSE.

It will cover the following aspects:

Defining CSE and models of exploitation.

Identifying warning signs and considering how vulnerabilities contribute to CSE.

Grooming and perpetrator behaviour.

What should you do if you suspect CSE is occurring & the referral pathways to use.

How to respond and support a YP who has been sexually exploited.

What help and support is out there for you and your young person.

CORE SKILLS TRAINING 2 Child Protection**Course Title: Neglect Awareness Training****Date:** Monday 8th October 2018**Time:** 9:30 – 13:00**Trainer:** B&NES LSCB**Venue:** West 1.1 Keynsham Civic Centre

This course is open to B&NES carers who have already attended a child protection course.

This is a 3 hour session which aims to raise awareness about neglect, what signs to look out for and what to do if you are worried about a child or young person.

CORE SKILLS TRAINING 2 Child Protection**Course Title: Workshop Raising Awareness of PREVENT****Date:** Various dates throughout the year**Time:** One hour, various times available**Trainer:** B&NES Training Team**Venue:** Various venues across B&NES

WRAP explains how people are manipulated by extremist ideologies and what 'vulnerability' looks like in this context, to prevent young people being drawn into terrorism or extremism.

The ONE hour workshop aims to help practitioners understand the risks and

vulnerabilities and particularly valuable for anyone working with families and young people, but it is designed to suit all front-line workers.

CORE SKILLS TRAINING 2 Child Protection
Course Title: Toxic Trio Awareness Training

Date: Monday 23 rd April 2018 Time: 9:30 – 13:00 Trainer: B&NES LSCB	Venue: West 1.1 Keynsham Civic Centre
Date: Thursday 24 th January 2019 Time: 9:30 – 13:00 Trainer: B&NES LSCB	Venue: West 1.1 Keynsham Civic Centre

This course is open to B&NES carers who have already attended a child protection course.

This is half day course for those looking to gain an awareness of how children are affected by the experience of living in environments where parental or carer capacity is affected by issues of poor mental health, substance misuse and domestic abuse. The course is designed to be inter-agency and draws together current evidence based practice, children’s experiences, and information on referral pathways, to improve outcomes for children and young people living in environments where the ‘toxic trio’ are present

CORE SKILLS TRAINING 2: Child Protection
Course Title: Inter-agency Child Protection: Advanced

Trainer: This course is led by Kitty Crowther, LSCB Training Coordinator. Additional guest speakers from Care and Health, Avon and Somerset Police and Integrated working will support the course.

Dates: Throughout the year, 2 day course	Time: 09:30 - 16:30 both days	Venue: B&NES area
---	--------------------------------------	--------------------------

This course is open to members of the children’s workforce who have completed the Standard Inter-agency Child Protection training course and who need to update and deepen their knowledge of child protection issues.

Aim: This course provides an opportunity to explore with colleagues from other organisations the challenges and benefits that exist in working in a multi-agency system, and to promote and improve inter-agency best practice, whilst keeping the child in focus.

Objectives: By the end of the course participants will be able to:

Be aware of the “early help” offer in B&NES and the importance of consent based, multi-agency planning and the thresholds for referral to social care.

To understand the process by which enquires and investigations (S.47) are made when there are concerns about significant harm, and how agencies work together to address and manage such concerns.

Have confidence in talking with a child or young person who is making a disclosure, and respond appropriately.

To have confidence working with partner agencies as well as children and families to understand children, young people, and families daily life experiences.

To have confidence recognising ‘families who are resistant to change’, and understanding the potential impact on practice, and consider interventions for work and strategies to support practitioners when working with such families.

To understand what is expected of professionals and their agency in relation to child protection conferences and the importance of inter-agency communication.

To have improved confidence in using evidence based practice, and the assessment framework,

in exercising their professional judgement regarding a child's needs, parental capacity to meet those needs and the impact of family and environmental factors.

Participants are encouraged to take time to read 'Child and Family Practitioners' understanding of child development. Lessons learnt from a small sample of serious case reviews' by Brandon et al 2011 prior to attending the advanced child protection course.

The preparatory reading can be found at:

<http://www.education.gov.uk/publications/eOrderingDownload/DFE-RR110.pdf>

Local Safeguarding Children's Board (LSCB) Specialist Training
These courses are open to carers who have already attended the Advanced Child Protection course and have an identified need with a child in placement, or want to develop a specialism. Contact fpt_training@bathnes.gov.uk to request a place.
Child Protection – Disability Date TBA
Child Protection - Domestic Abuse Monday 25 th June 2018 at The Hollies, Midsomer Norton Monday 19 th November 2018 at The Hollies, Midsomer Norton Friday 11 th March 2019 at The Hollies, Midsomer Norton
Child Protection – Neglect 9.30 – 16.30 Monday 24 th September 2018 at The Hollies, Midsomer Norton
Child Sexual Abuse Monday 14 th May 2018 at The Hollies, Midsomer Norton
Child Sexual Exploitation – Skills for practice 9.30 – 16.30 Monday 18 th June 2018 at The Hollies, Midsomer Norton Monday 23 rd July 2018 at W1.1 Keynsham Civic Centre Wednesday 16 th January 2019 at W1.1 Keynsham Civic Centre
Child Sexual Exploitation – Advanced 9:30 – 16:30 Wednesday 17 th October 2018 at W1.1 Keynsham Civic Centre
Substance misuse and Child Protection 9.30 – 16.30 Wednesday 11 th April 2018 B&NES

South Gloucestershire LSCB Training

For dates and details of all South Gloucestershire Local Safeguarding Children's Board Training please visit: <https://learning.southglos.gov.uk/>

CORE SKILLS TRAINING 2: Child Protection	
Course Title: Child Protection Basic Awareness	
Trainers: Catherine Charlton and an FPT Social Worker	
Date: Thursday 14 th June 2018 Time: 09:30 - 12:00	Venue: The Batch, Park Rd, Warmley, Bristol, BS30 8EB
Date: Wednesday 14 th November 2018 Time: 18:30 - 21:00	Venue: Kingswood Civic Centre
Course description: This evening course will cover information on the law, guidance and procedures that protect and safeguard children nationally and within <i>your</i> local area.	
Learning Outcomes: Understand the different ways children and young people can be harmed by adults, other children and young people including the internet. Understand the different ways children and young people can be placed at risk of abuse and the signs and indicators of possible abuse and neglect. Understand the procedures you need to follow if you suspect a child is being abused or neglected and the action you might need to take.	

CORE SKILLS TRAINING 2: Child Protection		
Course Title: Interagency Child Protection (Participants must have completed the Child Protection E - learning or Child Protection Basic Awareness before booking onto this course)		
Trainer: A South Gloucestershire Multi - agency Safeguarding Board Trainer.		
Date: Various throughout the year	Time: 09:30 - 16:30	Venue: Kingswood Civic Centre
Course Description: This one day training course is organised by South Gloucestershire Safeguarding Children Board Training Group and is targeted at employees working directly with children who have completed "single" agency Child Protection i.e. e - learning CP and is facilitated by a South Gloucestershire Multi - Agency Safeguarding Board Trainer. Safeguarding of children and young people is everybody's responsibility. This multi - agency course is aimed at those who need to expand upon the knowledge gained from the e - learning module by increasing confidence and competence in order to contribute to inter - agency assessments and to undertake an assessment of risk when required. This course aims to give staff an opportunity to explore within a face to face, multi - agency environment, various aspects of child protection in order to enhance knowledge and awareness of the issues and the ability to respond appropriately to them. This course will also cover basic processes and procedures for making a referral to Children's Social Care. Those that have frontline responsibility or are the designated safeguarding lead in their establishment should also undertake Advanced Inter - Agency Child Protection training.		
Learning Objectives: To promote and improve effective multi-agency working to safeguard children and develop a shared understanding of the tasks, processes, roles and responsibilities and local arrangements for safeguarding children and promoting their welfare. To familiarize participants with the nature of child abuse. To establish a common understanding of key terms, definitions and components of child protection work. To develop an understanding of the joint roles and responsibilities of agencies in child protection work. To explore attitudes and feelings in relation to child protection work. Understand child protection disclosure.		

CORE SKILLS TRAINING 2: Child Protection		
Course Title: Advanced Inter Agency Child Protection		
Date: Various throughout the year	Time: 09:30 - 16:30	Venue: Kingswood Civic Centre
<p>Course Description: This one day training course is organised by South Gloucestershire Safeguarding Children Board Training Group and is targeted at all staff from all agencies who are working directly with children, or adults who are parents. Effective child protection depends not only on reliable and accepted procedures for all staff involved with children, but also on their skills, knowledge and judgement and the ability to work together co - operatively. Staff with lead roles in child protection require specialised training in order to carry out their work with abused children and families.</p> <p>Course Objectives: To promote and improve effective multi - agency working to safeguard children and develop a shared understanding of the tasks, processes, roles and responsibilities and local arrangements for safeguarding children and promoting their welfare. To Establish a common understanding of key terms, definitions and thresholds for action. To have an understanding of the core tasks involved to safeguard children - assessments, planning, core groups, conferences and decision making. To provide an understanding of the procedural and legislative framework within which Agencies must operate, including individual and joint roles and responsibilities at each stage of the Child Protection process. To locate Child Protection within the context of Children in Need. To update people on current issues.</p>		

CORE SKILLS TRAINING 2:Child Protection.		
(Participants must have completed the Advanced Interagency Child Protection Training before going on this course)		
Course Title: Child Protection Update		
Date: Various throughout the year	Time: 09:30 - 12:30	Venue: Kingswood Civic Centre
<p>Course Description: Effective child protection depends not only on reliable and accepted procedures for all staff involved with children, but also on their skills, knowledge and judgment and the ability to work together co - operatively. Staff with lead roles in child protection require specialised training in order to carry out their work with abused children and families. This half day Child Protection Update workshop is organised by the South Gloucestershire Safeguarding Children Board Training Group and is targeted at experienced staff from all agencies, who are working with children and their families. It is intended for people who have already attended the Advanced Interagency Child Protection course (formally CP L2), and who want to ensure they keep up - to - date with current good practice.</p> <p>Course Aim: This course aims to provide an update on new legislation, guidance and procedures previously learnt on the Child Protection Level 2 training.</p> <p>Please note: It is NOT a short refresher Child Protection training course and this needs to be renewed every two years.</p>		

There are also other Inter Agency Child Protection Courses that you are able to attend, once you have attended the Inter-Agency Child Protection Course.

They include the following subject areas:

Domestic Abuse, Child Sexual Exploitation, Child Protection and Disability,

Please visit <https://learning.southglos.gov.uk> for an up to date list of dates for the following courses

CORE SKILLS TRAINING 2: Child Protection	
Course Title: Domestic Violence and Abuse Training: Intermediate - level	
Date: Various throughout the year	Venue: Kingswood Civic Centre
Time: 09:30 - 16:30	
<p>This 1-day course will build on delegates' learning from the Awareness of Domestic Violence and Abuse e-learning module which should be completed before attending this course. The Intermediate training day will provide additional content as set out below.</p> <p>Learning Outcomes:</p> <p>To increase delegates' understanding of the indicators of domestic abuse, the impact on parenting and the impact on the child.</p> <p>To enable delegates to be clear about best practice in responding to domestic abuse.</p> <p>To increase delegates' understanding of domestic abuse and the complexities within it, including coercive control and the victim feeling 'trapped'.</p> <p>To raise awareness of local services and care pathways for victims of domestic abuse including MARAC.</p> <p>To increase understanding of how individual professionals can impact on resilience factors in both adults and children</p>	

CORE SKILLS TRAINING 2: Child Protection	
Course Title: Domestic Violence and Abuse Training: Advanced-level	
Date: Various throughout the year	Venue: Kingswood Civic Centre
Time: 09:30 - 16:30	
<p>This 1-day course builds on the learning and skills gained through attending the Domestic Violence and Abuse Intermediate-level training, with additional content around the following areas as set out below:</p> <p>Learning Outcomes:</p> <p>By the end of the course, participants should:</p> <ul style="list-style-type: none"> * Have an understanding of the types of violence within domestic abuse. * Feel confident in their role within multi-agency working within domestic abuse. * Feel confident in describing the differences in victim and perpetrator responses to abusive incidents. * Be confident in responding to concerns about children and young people who have experienced or are experiencing familial domestic abuse. * Be confident in using strategies for engaging with and assisting adults and children where there are, or may be, issues of domestic abuse 	

CORE SKILLS TRAINING 8: Child Sexual Exploitation	
Course Title: Raising Awareness of CSE	
Date: Various – tend to run monthly	Venue: Kingswood Civic Centre
Time: 09:30 - 13:00	
Trainer: Tony Domaille	https://learning.southglos.gov.uk
<p>To understand the experiences and practice issues relating to children and young people who are at risk of sexual exploitation.</p>	

Course Aims:

- To explore professional attitudes and values relating to those at risk of sexual exploitation.
- To help identify children and young people who are at risk of sexual exploitation.
- To acknowledge the links between running away and sexual exploitation.
- To link difficult behaviour with risky sexual behaviour.

CORE SKILLS TRAINING 8: Child Sexual Exploitation**Course Title:** [Working with CSE: Skills and Practice](#)**Date:** Various throughout the year**Venue:** Kingswood Civic Centre**Time:** 09:30 - 16:30

This is a one day course that aims to develop practitioner skills, offers ideas to enhance practice and introduces practical ways of working with young people who are at risk of sexual exploitation

Aim: To have a greater understanding of Child Sexual Exploitation.

To have increased knowledge and skills when working directly with sexually exploited children and young people.

To have considered barriers to effective practice.

To have knowledge of a wider range of tools and resources available for use in direct work.

To have an understanding of the impact on practitioners of undertaking direct work with sexually exploited children and young people.

CORE SKILLS TRAINING 2: Child Protection**Course Title:** Workshop to Raise Awareness of Prevent**Trainer:**

A waiting list is to be held for this course. Please indicate whether a morning, afternoon or evening course would be most suitable.

Date: TBA**Venue:** TBC**Time:**

Groups working within the community – and especially those working with young people or with vulnerable adults or children - are used to identifying individuals at risk of harm and referring them for specialist support or help. This responsibility has now been extended to include individuals at risk of being drawn into supporting terrorism or supporting violent extremism under the banner of Prevent. Prevent operates to help individuals at risk of being radicalised into violent extremist behaviour, whatever the basis of that radicalisation. It encompasses religious or political extremist and racial prejudice where these may lead to violent extremism.

This workshop will help you to:

- Understand the aims of the Government Prevent strategy
- Think about who may be vulnerable to becoming engaged in terrorism
- See why some people are able to influence and manipulate others to commit crimes
- Recognise when a vulnerable individual may be in need of your help
- Be clear on what help and support looks like in this area, and who you should turn to if you have concerns.

Joint Training between B&NES and South Glos

CORE SKILLS TRAINING 2:	
Course Title: Child Protection and Disability	
Date: TBA	Venue: Kingswood Civic Centre/Keynsham Civic Centre
Time: 09:30 - 16:30	
Trainer: Holly Magson & Kitty Crowther	
<p>This two day advanced course is jointly delivered, and is for those looking to refresh and build on their knowledge and skills to support children with disabilities where child abuse is suspected or evidenced. The course is designed to be inter-agency and draws together current evidence based practice, children's experiences, and information on local services and referral pathways, to improve outcomes for disabled children and young people who are at risk of, or have experienced abuse or neglect.</p> <p>Aim: To develop delegates' skills in recognising and responding to safeguarding issues specific to children who have a disability.</p>	

Course Title: Computer Support – How to send in your records via email & book courses online
Date: To suit you, Catherine Charlton or Sue Scullard will visit on request
Venue: At your home
<p>Need some help in being able to complete your recording on a computer? Not quite sure how you can securely attach these to an email and send to your social worker? Then this could be the help you need. Also this session will give you the opportunity to explore the new training website and what it can do.</p> <p>B&NES Carers are able to register themselves on the South Glos system, and access the training in the same way, and also learn how to book yourselves on the B&NES Children's Workforce training database. You can even use the time to peruse the training on offer and book yourself a place. It couldn't be simpler; all you need is your own email address.</p>

<p>Home computing support for South Glos carers</p> <p>Email: help@iapuk.biz Or phone 0117 9114390</p>	<p>IAP are computer partners offering home computer support to South Glos carers, including familiarization with a new computer, internet security and help with using your PC more efficiently. If you are interested in the service contact IAP directly.</p>
---	---

Course Title : Contact - Planning Contact and Promoting Healthy Relationships for Children & Young People in Public Care	
Date: Thursday 21 st and 28 th June 2018	Venue: Kingswood Civic Centre
Time: 09:30 – 13:00	
Trainer: Penny McLellan, Training Consultant	
<p>Who is this workshop for? This workshop has been commissioned for foster carers, adopters, and social care staff who work in Children's Services.</p> <p>Workshop Aims: To know what contact is and can be. To consider research findings to ensure contact is in the child's best interest and promotes</p>	

security and stability.

To consider a range of experiences and what research tells us about them.

To consider the potential psychological and emotional impact of contact upon all parties.

To consider how to use contact to facilitate and promote healthy relationships.

Workshop Objectives:

To share experiences of contact and what has worked effectively.

To recognise that children and young people's needs change and that contact should positively reflect this.

To understand the different roles of workers in managing direct contact and how these roles need to complement and not compete with each other.

To fully consider the child/young person/family/carer perspectives.

Course Title : Deliberate Self Harm and Suicidal Behaviour

Date: Friday 18th May 2018

Time: 09:30 – 13:00

Trainers: Alastair Wakeley, Rebecca Hobbs,
CAMHS

Venue: The Hollies, Midsomer Norton

Aims of the course:

To increase in your ability to respond effectively and appropriately to young people who are self-harming or who are at risk of self-harm.

Understand how your attitudes and values about self-harm can impact on your work with young people.

Describe the common triggers and patterns of self-harm among young people, and demonstrate an improved knowledge of the physical and psycho-social effects of self-harm on young people.

Course Title: Eating Disorders – Introduction & Awareness

Date: Thursday 27th September 2018

Time: 09:30 – 13:00

Trainers: Annie Biggs, Bobbie Orchard, Laura Bayew, CAMHS

Venue: W1.1 Keynsham Civic Centre

This training will aim to increase identification, awareness and front line management skills to support young people with Eating Disorders and will focus on definitions of eating disorders, understanding the meaning of eating disorders, helpful responses to eating disorders.

By the end of the course participants will:

- Have an increased awareness of Eating Disorder presentation in children/young people.
- Have an understanding of the referral pathway at Banes
- Have knowledge of key components of specialist CAMHS intervention
- Have increased clarity about the role of other professionals in supporting specialist intervention

Core Skill 6: Attachment and well-being**Course Title: Direct Assessment and Intervention Skills (DAIS)**

This Training Programme is made up of three units: Life Story Work; Assessments and Interventions with Children & Attachment Trauma and Recovery.

Please note that foster carers and adopters do not need to attend all three.

The DAIS programme is for: social care workers and all those involved in the Signs of Safety approach and those that provide direct work with child protection and safeguarding. DAIS is “core training” for social care staff working for South Gloucestershire Council, and recommended for employees working with children and their families in other social care, education and health environments. It is designed to provide all attendees with advanced practice skills, theory, assessment, planning and intervention processes.

DAIS provides you with the opportunity to:

- understand child development theory and practice; the effect of trauma, grief and loss on children and young people, their parents and those affected by the vicarious nature of trauma;
- develop and improve intervention skills to meet the challenge of caring for these children by promoting the recovery of their world; and how, as core workers, we can hear, be heard, protect, champion and contribute to a future pathway to family and beyond.

The programme will provide opportunities to share experiences, learn from colleagues and engage with credible strategies to promote protection, safeguarding and wellbeing for children and their families and carers.

In partnership with South Gloucestershire Council, Adjunct Associate Professor Richard Rose (CTIS) will deliver the series of three workshops covering Attachment, Trauma and Recovery; Assessments and Interventions with Children; and Life Story Work. Each workshop will include theory, child development and assessment approaches and life case discussions.

Module 1: [Attachment, Trauma and Recovery](#)**Date:** Monday 9th April 2018**Time:** 09:30 - 16:30**Trainer:** Richard Rose**Venue:** Kingswood Civic Centre**Date:** Wednesday 26th September 2018**Time:** 09:30 - 16:30**Trainer:** Richard Rose**Venue:** Kingswood Civic Centre**Date:** Tuesday 12th February 2019**Time:** 09:30 - 16:30**Trainer:** Richard Rose**Venue:** Kingswood Civic Centre

Demonstrate a basic understanding of the components of child development (emotional, cognitive, social and relational, spiritual, physical development, sexual development)

Understand the importance of play as an essential developmental process.

Demonstrate an understanding of an internal working model and at least one attachment style.

Identify principles for working with traumatised children.

Understand concepts of trauma; historical/cultural, community, family, individual and vicarious.

Module 2: [Assessments and Interventions with Children](#)**Date:** Friday 6th July 2018**Time:** 09:30 - 16:30**Trainer:** Richard Rose**Venue:** Kingswood Civic Centre**Date:** Thursday 29th November 2018**Time:** 09:30 - 16:30**Trainer:** Richard Rose**Venue:** Kingswood Civic Centre

Techniques in reaching the hard to reach child.
 Listening and interpretive skills.
 The significance of feelings and 'magical feelings'
 Techniques for communicating and recording.
 Signs of Safety skills.
 Issues of confidentiality.
 Addressing sensitive issues and providing appropriate resources & tools.

Module Day 3: [Life Story Work](#)

Date: Thursday 18th October 2018

Time: 09:30 - 16:30

Trainer: Trained South Gloucestershire Practitioners

Venue: Kingswood Civic Centre

- ♥
- Illustrate the importance of life story work in the recovery process
 - Understand your role in the learning life of the child you care for
 - Identify current thinking on challenges for care
 - Identify opportunities for working together
 - Awareness of magical thinking, fantasy and reality
 - Developing life story books and therapeutic practice

Course Title: Domestic Abuse – how children are affected, a course for carers

Date: Tuesday 17th July 2018

Time: 9:30-12:30

Trainers: Southside Project

Venue: Community Space, Keynsham

“At Southside we focus our work on children and families with multiple and complex difficulties. We’re here to help people get the care and support they need, so their families enjoy the safety, experiences and opportunities they deserve. Southside was established as an independent charity in 1997”.

This training specifically for carers will help you understand the traumas and triggers that your child may have experienced if they come from if they have come from a background of domestic abuse.

Learn how to work with your child more effectively to overcome some of the obstacles that they face in their day to day life.

Course Title: [Drugs and Alcohol Training - Basic](#)

Date: Thursday 3rd May

Time: 09:30 - 16:30

Venue: Kingswood Civic Centre

Date: Wednesday 18th July

Time: 09:30 - 16:30

Venue: Kingswood Civic Centre

Date: Wednesday 8th August

Time: 09:30 - 16:30

Venue: Kingswood Civic Centre

The Basic Drug and alcohol awareness training is aimed anyone who thinks that an increase of awareness around the effects of substances would benefit their working life.

We will include exercises on what a drug is and their effects, drugs box information (a look at some example (fake) substances) and information about them. New Psychoactive Substances (NPS) information and the problems associated with this new trend in drug use will be discussed. Participants can take a look at paraphernalia, and trends in use locally and nationally. Alcohol and identification and brief advice and how to recognise signs and symptoms of use (both drug and alcohol), signposting and referral pathways.

Attendees will be able to identify signs and symptoms of use, as well as referral pathways for clients accessing help to deal with substances misuse concerns

Course Title: Drugs and Alcohol Training

Date: Monday 11th June 2018

Time: 09:00 - 16:00

Trainers: Project 28

Venue: Southside Youth Hub, Kelston View, Whiteway, Bath BA2 1NR

Learning Objectives

- Learn the Main group of Drugs
- Develop an understanding of why people use drugs
- Drug trends
- History of Project 28
- Career of a drug user
- Drink Think Tool
- Alcohol Fetal Syndrome

Refreshments: tea and coffee is provided. However, please make your own provisions for lunch. (There is a reasonably priced cafe on site)

For further information or to book a space on the workshop, please contact Liz or Natalie:
LizBryan@dhiproject28.org.uk nhuggins@dhiservices.org.uk Or call: 01225 463344

Course Title: [Drugs – Support Session for Foster Carers who have Young People Misusing Substances.](#)

Date: TBA

Time: 18:30 - 21:00 or 09:30-12:00

Please state time preference when requesting a place on this course.

Venue: TBA

A drugs prevention worker will be facilitating a support group for carers that will run over two, ½ days. This training is suitable for carers who currently have young people misusing substances.

The session will cover:

Why do YP take risks?

Strategies to help your YP explore why they are using substances

How to look after your YP if they are using substances

Looking at brain development

The cycle of change

The session can cover training on whatever you would find useful, so if you have a specific question or request, could you please email Catherine Charlton at

Catherine.charlton@southglos.gov.uk two weeks prior to the training, so that these requests can be passed on.

Course Title: Education – Understanding and working with the Virtual School ♥

Date: Wednesday 9 th May 2018 Time: 10:00 arrival, 10:15 – 11:15am Trainer: Victoria Duke, Head of the Virtual School in B&NES	Venue: Community Space, Keynsham
--	---

Date: Thursday 7 th February 2019 Time: 10:00 arrival, 10:15 – 11:15am Trainer: Victoria Duke, Head of the Virtual School in B&NES	Venue: W1.3 Keynsham Civic Centre, Keynsham
--	--

This introductory session is for new Foster Carers, Family and Friends carers, Special Guardians and Adopters coming into contact with the Virtual School for the first time.

Victoria will cover :

- The role and work of the Virtual School
- Some common problems that children and young people face in education
- How to make a Personal Education Plan (PEP) work for your child
- How you can support the child or young person in your care

Course Title: Education Conference for Foster Carers, Special Guardians and Adopters ♥

Date: Monday 26 th November 2018 Time: 10 – 13:00 Trainers: Members of B&NES Virtual School	Venue: Community Space, Keynsham.
---	--

This conference is for all types of carers and adopters, and will be tailored specifically for their needs. Please indicate which topics would interest you from the list below at the time of booking.

Understanding the new education system
How to help your children in maths and English at home
Getting the most for your child at the PEP meeting
The Education and Health Care Plan process
Emotion Coaching and Attachment issues
Post 16 choices
Post Care guidance for adopters and Special Guardians.

CORE SKILLS TRAINING: Attachment and Wellbeing and Managing Behaviour 6&7**Course Title:** [Emotion Coaching](#)**Date:** Thursday 27th September TBC**Time:** 09:30 – 14:30**Trainers:** South Gloucestershire Educational Psychologists**Venue:** Kingswood Civic Centre

More details about this course will follow.

Emotion Coaching is a positive approach for responding to children and young people, so that they can better understand their emotions and develop strategies for managing tricky situations. Developed by John Gottman, this approach is based on observations of different styles of parenting and applies evidence about the neuropsychology of emotion, stress responses, and attachment theory. The training will give you an understanding of how Emotion Coaching can be used to guide others through emotions, as well as teaching you five key steps for its use.

CORE SKILLS TRAINING 4: Equality and Diversity**Course Title - Equalities**♥**Date:** Thursday 12th April 2018**Time:** 13:00 - 16:30**Trainers:** Kate and Louise Murphy**Venue:** West W1.3 Keynsham Civic Centre**Date:** Thursday 15th November 2018**Time:** 13:00 - 16:30**Trainers:** Kate and Louise Murphy**Venue:** W1.3 Keynsham Civic Centre

This half day course is aimed at members of the children's workforce who want to: Improve their understanding of the Equality Act and its impact on their work with children and families.

Recognise the need to act in ways that are consistent with the law and Council procedures relating to equality and diversity.

Identify ways that people can be discriminated against on the grounds of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

Work in ways that challenge discrimination and ensure that people are treated fairly even it this required additional effort.

Know who to contact for more support in promoting equality and diversity.

CORE SKILLS TRAINING 4: Equality and Diversity**Course Title - [An introduction to Equality and Diversity \(includes disability awareness\)](#)**♥**Date:** Tuesday 15th May 2018 (TBC)**Time:** 18:30 - 21:30**Trainer:** Patrick Ismond**Venue:** Badminton Road Offices, Yate

Course description - The content includes: This important core skill training will look at how we can respect and celebrate differences in others, the power of language and why it is important. How we can support the children and young people in our care who face discrimination and promote their welfare. We will also look at resources available.

Core Skills Training 4: Equality and Diversity**Course Title:– Understand the Principles and Values essential for fostering children and young people****Date:** TBA**Time:** 18:30 – 21:30**Venue:** Community Space, Keynsham**This interactive day will help you to:**

Understand the different types of prejudice and discrimination which can affect children and young people.

Understand why it is important to provide care which respects and preserves each child's ethnic, religious and cultural and linguistic background.

Reflect on how you support and encourage children and young people to develop skills to deal with discrimination, enhance self-worth and make a positive contribution.

CORE SKILLS TRAINING 2: Safeguarding**Course Title: On-line Safety ♥****Dates:** TBA**Time:** 09:30 - 13:00**Trainer:** Karl Hopwood, SW Grid for Learning**Venue:** TBA

This half day awareness course delivered to a multi-agency audience is relevant to any professional who works with children and young people. It considers the strengths and risks associated with using electronic communication such as the internet, social networking sites and/or mobile phone technology.

Aim

The aim of this course is to provide a supportive, inter-agency learning environment, where delegates have the opportunity to explore how children and young people are actually using technology, what the risks and strengths are, and then to look at how we can keep children safe in the constantly changing digital environment.

CORE SKILLS TRAINING 2: Safeguarding**Course Title: E Safety ♥****Date:** [Wednesday 19th September 2018](#)**Time:** 18.30 – 20.30**Venue:** Kingswood Civic Centre**Date:** [Tuesday 5th February 2019](#)**Time:** 10.00 – 12.00**Venue:** Kingswood Civic Centre

Joanne Bocko is the Cyber Protect Officer in Avon and Somerset Police. She is going to come and deliver a presentation that will give an outline about apps, the risks, highlighting online offences and how they're committed and providing advice and signposts to further support. It is a session to inspire people to become more informed and take more of an interest in what young people are engaging with online.

Family Link/Short Break Carers

Your training requirements are often very specific to the needs of the child or young person in your care. A wide variety of training is already advertised relating to Autistic Spectrum Conditions, the links below will take you to schools and organisations who may be able to provide other specific training as well as being able to access training from the service involved..

South Gloucestershire Cares: Any child who has additional support would receive training from the service already involved – e.g. Lifetime, Jessie May Trust or the Community Nursing Team. As treatment for similar conditions can vary so much, training will be provided based on individual needs.

<http://www.fossewayschool.co.uk/for-parents/courses-training-for-parents/>

Fosseway School

<http://www.tbmpts.com/cpd/all-cpd/>

Bath and Mendip Teaching Partnership – mainly courses for those working in education, but some courses are open to parents/carers.

<http://www.brighter-futures.uk.net/>

Brighter Futures are a not for profit social enterprise. We provide schools, colleges, nurseries, voluntary and parent groups with specialist services to improve learning and well-being outcomes for children and young people

<https://www.sirona-cic.org.uk/services/lifetime-service/>

Food and health courses for families

<http://bathneshealthandcare.nhs.uk/childrens/food-and-health-courses-for-families/>

This is a Healthy Lifestyle Service programme of courses that work with parents and carers to improve the diet of children and young people up to the age of 17 years old.

CORE SKILLS TRAINING 1: First Aid

Course Title [First Aid for Carers](#) ♥

Trainer: Acorn Health and Safety Ltd

Date: Saturday 28 th April 2018	Time: 09:30 - 16:30	Venue: Acorn Health and Safety Ltd Tower Lane Business Park, Warmley, BS30 8XT
Date: Monday 21 st May 2018	Time: 09:30 - 16:30	Venue: Poole Court, Yate,
Date: Thursday 14 th June 2018	Time: 09:30 - 16:00	Venue: Community Space, Keynsham BS31 1HA
Date: Saturday 15 th September 2018	Time: 09:30 - 16:30	Venue: Acorn Health and Safety Ltd Tower Lane Business Park, Warmley, BS30 8XT
Date: Thursdays 11 th & 18 th October 2018	Time: 18:15 – 21:30	Venue: Badminton Road, Yate
Date: Tuesday 20 th November 2018	Time: 09:30 - 16:00	Venue: : Community Space, Keynsham BS31 1HA
Date: Saturday 26 th January 2019	Time: 09.30 - 16.30	Venue: Acorn Health and Safety Ltd Tower Lane Business Park,

		Warmley, BS30 8XT									
Date: Wednesday 13 th March 2019	Time: 09:30 – 16:30	Venue: Poole Court, Yate,									
<p>This course has been tailored to suit the needs of Foster Carers, Adopters and Family Link Carers who look after children on a 24 hour basis. This is a certificated course, so please ensure you can arrive on time and attend the entire course.</p> <p>The content includes:</p> <table> <tr> <td>Infant & Child Choking</td> <td>Infant & Child Resuscitation</td> <td>Adult Choking</td> </tr> <tr> <td>Adult Resuscitation</td> <td>Severe Bleeding</td> <td>Unconsciousness</td> </tr> <tr> <td>Tourniquets</td> <td>Use of defibrillators</td> <td></td> </tr> </table>			Infant & Child Choking	Infant & Child Resuscitation	Adult Choking	Adult Resuscitation	Severe Bleeding	Unconsciousness	Tourniquets	Use of defibrillators	
Infant & Child Choking	Infant & Child Resuscitation	Adult Choking									
Adult Resuscitation	Severe Bleeding	Unconsciousness									
Tourniquets	Use of defibrillators										

Course Title: Friendships and Making Relationships ♥	
Date: Friday 27 th April 2018 Time: 10:00 – 12:30 Trainers: Kate Murphy and Sue Scullard	Venue: Community Space, Keynsham
<p>Do your young people struggle with making friends and managing their relationships? This interactive workshop will give you pause for thought and some ideas and techniques to try out with your young people.</p>	

Course Title: Getting on the right track with TSDS	
Date: Tuesday 18th September 2018 Time: 10:00 - 12:00 Trainers: Catherine Charlton and Sue Scullard	Venue: Kingswood Civic Centre
Date: Thursday 10 th January 2019 Time: 10:00 - 12:00 Trainers: Catherine Charlton and Sue Scullard	Venue: W1.4 Keynsham Civic Centre
<p>The Training, Support and Development Standards are a mandatory national requirement for all Foster Carers, Family & Friends Carers and Short Break Carers. They are induction standards and need to be completed at the start of your caring career. To ensure that you are aware of the amount and type of evidence, skills and knowledge you need to prove, come along to one of these friendly informal workshops.</p>	

Course Title: Health Matters ♥	
Date: Thursday 10 th May 2018 Time: 10:00 – 13:00 Trainer: Dr Louise Vaile, Community Paediatrician	Venue: Time Out, Bath Hill East, Keynsham
Date: Thursday 22 nd November 2018 Time: 10:00 – 13:00 Trainer: Dr Louise Vaile, Community Paediatrician	Venue: Keynsham Civic Centre W1.4
<p>Louise will talk about: Significant milestones in a child's development and some of the common ailments and health conditions that you may encounter with the child in your care. The importance of medical assessments, the benefits that can be seen from routine healthcare, and how to access appropriate medical advice. What to do if you are concerned about fabricated or induced illness.</p>	

This course also includes the effects of parental drug/alcohol abuse on the development of the unborn child, and the developmental prospects for the child throughout their life.

Find out more about the impacts that drug/alcohol abuse has on the life of the parent:

- Physical
- Psychological
- Social
- Financial
- Legal

Learn how these translate into impacting on the life chances of the unborn child. Understand more about the effects of particular drugs, and how they have an impact at various stages of development on the foetus.

Course Title: [Identifying and responding to age-inappropriate sexualised behaviour](#)

Date: Thursday 26th April 2018

Time: 9.30 – 12.30

Trainers: Brook

Venue: Kingswood Civic Centre

This training provides an opportunity to;

1. Explore and understand which behaviours are considered healthy / normal at which life stage
2. Develop a more nuanced and considered approach to identifying areas of concern
3. Improve planned responses in cases where behaviours have highlighted cause for concern

Core skills 4: Equality and Diversity

Course Title: [Identity - Understanding the Needs of Looked After Children](#) ♥

Date: 2 day course TBA

Time: 09:30 – 14:30

Trainer: Anna Bianchi

Venue: TBA

A healthy, coherent sense of identity is fundamental to good mental health and wellbeing in all of us. So how can we enable our children to develop this amidst all the disruptions in their lives? Come to this interactive two day course if you want to discover the essential building blocks:

- What Identity is and why is it important
- What particular challenges do children brought up in care face?
- What specific issues toddlers and teenagers encounter
- Tools and skills to strengthen a positive sense of identity in our children

Anna is the author of “Becoming an Ally to the Gender-Expansive Child: A guide for parents and carers”

This course has been recommended by carers and social workers, early booking is essential.

Core Skill 6: Attachment and Well-being ♥

Course Title: ‘I’m not worth it.’ How to help children develop positive self-esteem

Date: Wednesday 28th November 2018

Time: 09:30 - 14:30

Venue: Community Space, Keynsham

Trainer: Anna Bianchi	
<p>Good self - esteem is critical to good self - care. It's essential to healthy decision making, resilience and resourcefulness. LAC often struggle with valuing themselves and frequently demonstrates their low self-esteem through challenging attitudes and behaviour.</p> <p>Come to this course if you'd like to:</p> <p>Explore what self-esteem actually is; how we get it and how we lose it. Explore the ways professionals can safeguard self - esteem in LAC. Develop tools and skills to improve the self - esteem of the CYP you work with. Share your experience and benefit others.</p>	

Course Title: Launchpad - A dedicated Induction, Training and Support Programme for Special Guardians and Connected Carers	
Venue: The Batch, Park Road, Warmley BS30 8EB	
Time: 10:00 – 12:30	
Date: Wednesday 16th May 2018	Subject: Trauma
Date: Thursday 5 th July 2018	Subject: Working with the Department
Date: Monday 24 th September 2018	Subject: Managing Contact
Date: Thursday 8 th November 2018	Subject: Transition of your role
Date: Monday 21 st January 2019	Subject: Safeguarding & Safer Caring
Date: Thursday 7 th March 2019	Subject: Attachment
Date: Thursday 7 th May 2019	Subject: Trauma

Why are we running it?
 We recognise that your situation is very different to that of main stream foster carers. The new role that you find yourself in, is often not a pathway you may have planned on taking. Unlike foster carers, you are thrown in at the deep end without having had a course to prepare you for what lies ahead, and how 'The System' works. This course aims to do that as well as recognise the particular difficulties that you as 'Kinship Carers', whatever your role, face.

How will it run?
 There will be six sessions, each lasting approximately 2-2.5 hours, which will take place over the course of a year. It is hoped that you will attend all six, but as new carers arrive, they can join the programme at any stage. The sessions will be led in the main by Social workers from our team.

There will be light refreshment of tea and coffee provided at each session, but it would be rather nice if we could take it in turns to bring and share some food. The first session will be catered for, but we will discuss how this works for future sessions at the end of our first meeting.

Course Title: Loss, Change & Bereavement for Children Adopted or in Care ♥ (Strategies for working with Children & Families)	
Date: TBA February/March 2019 Time: 09:30 - 14:30 or Two evenings 18:30-21:00 Trainer: Fiona Hetherington	Venue: Kingswood Civic Centre F34/35
Children naturally go through loss and change but for some, especially those bereaved, it can be very difficult. This overview of loss links to children of different age groups and provides some suggestions for working with children and families.	

Core Skill 7: Managing Behaviour	
Course Title : Managing Behaviour Positively and Appropriate Physical Intervention	
Date: 2 days Tuesday 12 th and Wednesday 13 th February 2019 Time: 09:30 - 14:30 Trainer: Bill Wright	Venue: Community Space, Keynsham.
<p>This course is for carers and staff who may have to deal with challenging behaviour from children and young people. The approach encourages communication & de - escalation in crisis situations. The trainer will demonstrate keeping safe skills dealing with:</p> <ul style="list-style-type: none"> • Safe touch, holding and restraint in standing and sitting positions • Looking after violent arms, legs and head • Intervening and dealing with fights • Rights of self - defence and safe breakaway skills. <p>There will be plenty of opportunity to practise the skills, please wear comfortable clothing.</p> <p>If you have previously attended this course, but would like a refresher of the 'holding' techniques, you will be able to attend just Day 2. Please make this clear when making your booking .</p>	

CORE SKILL 6: Attachment and Well Being	
Course Title: Managing Feelings (for Carers); Identifying Compassion Fatigue (secondary trauma)♥	
Date: Thursday 5 th July 2018 Time: 09:30 - 12:30 Trainer: Laura Dixie, Psychologist.	Venue: Community Space, Keynsham
<p>This day will aim to give you: An understanding of the effects of secondary trauma, on the individual and the household. An ability to understand when you are most vulnerable. Techniques and strategies for building personal resilience.</p>	

Course Title: Mental Health First Aid (MHFA)	
Date: Monday 23 rd and Tuesday 24 th April 2018 Time: 09:30 - 16:00 Trainer: Bath MIND	Venue: Southdown Methodist Church, Bath
<p>1 in 4 people experience poor mental health at some stage in their lives. The two - day Mental Health First Aid (MHFA) course teaches techniques to provide help to someone experiencing a mental health problem before professional help is obtained. The course will help participants to support family members, friends, neighbours, colleagues and clients who are experiencing mental distress.</p> <p>The aims of the course are:</p> <ul style="list-style-type: none"> To be accessible and relevant to a wide range of participants from across the community. To reduce stigma by increasing understanding and awareness of mental and emotional issues. To provide a framework for responding to someone in mental or emotional distress. To promote good mental health. <p>MHFA does not teach people to be therapists. However, it does teach people how to recognise the symptoms of mental health problems, how to provide initial help and comfort and how to guide a person towards appropriate professional help. The training also provides participants with insight in to their own mental health and effective ways of maintaining their well-being.</p> <p>N.B. You will need authorisation from your social worker prior to booking</p>	

Course Title: Mental Health – Youth Mental Health First Aid	
Date: Wednesday 11 th , 18 th , 25 th April 2018 Time: 09:30 - 14:30 Trainer: Mark Allen	Venue: Kingswood Civic Centre
Date: Saturday 22 nd and 29 th September 2018 Time: 09:30 - 16:00 Trainer: Mark Allen	Venue: The Batch, Park Rd, Warmley, Bristol BS30 8EB
<p>This is an internationally recognised course designed specifically for those that teach, work, live with or care for young people aged 8 to 18 years. You will learn how to:</p> <ul style="list-style-type: none"> Provide information, tools and techniques to promote a young person's mental and emotional wellbeing Support a young person who might be experiencing mental and emotional distress. <p>This is a nationally accredited course.</p>	

CORE SKILL 6 & 7:	
Course Title: Mental Health – Building Resilience Workshop	
Date: Wednesday 24 th October 2018 Time: 10:00 – 12:00 Trainer: Mark Allen	Venue: F18 Kingswood Civic Centre
Date: Monday 11 th February 2019 Time: 18:30 – 20:30 Trainer: Mark Allen	Venue: F36/37 Kingswood Civic Centre
<p>Building Resilience Workshop - exploring ideas and practical activities to help children and young people cope with life's stresses, stay relaxed, and bounce back when life gets tough. It draws on techniques from Cognitive Behavioural Therapy, Positive Psychology and Mindfulness.</p>	

Course Title: Moving children on to a permanent placement	
Date: Friday 20 th April 2018 Time: 10.00 – 12:30 Trainers: Gill Powney, Sue Scullard	Venue: Community Space, Keynsham
<p>Moving on children to a permanent placement can be a very daunting process. Foster Carer Gill Powney designed this course to help other carers gain an understanding of the following stages:</p> <ul style="list-style-type: none"> ● The beginning ● Arrival ● Building memories ● Building relationships ● Maintaining relationships ● Moving on ● Saying farewell ● 'Letting go' ● What happen next? ● Resources/Where to get support? <p>This course is suitable for any carer who is moving on children, whether it is for the first time, or to be better prepared for the next time.</p>	

CORE SKILL TRAINING 7: Managing Behaviour	
Course Title: <u>Parenting using a Non-Violent Resistance Approach to overcome difficult behaviours</u>	
Date: TBA Time: 09:30 – 14:30 Trainers: TBA	Venue: TBA
<p>The day looks at a child-focused approach to parenting children who may present an angry and aggressive response to those who care for them. Children can have unmet needs which they often cannot express, and this approach looks at meeting those needs whilst also supporting the parents.</p> <p>The focus will be on using the technique of Non-Violent Resistance which rebuilds the parent-child relationship through de-escalation, acceptance and reconciliation to allow the child's needs to be met through the love and care of the parent or carer. The approach can be used by any parent or carer and it can also be used by staff in schools to build strong relationships with pupils.</p> <p>By the end of the day you will have:</p> <ul style="list-style-type: none"> An understanding of Non Violent Resistance and how it can help you Some strategies to start using straight away An understanding of how to prioritise your concerns An understanding of your own feelings 	

Course Title: <u>Preparing Young People for Independence</u>	
Date: Thursday 7 th June 2018 Time: 09:30 - 14:30 Trainers: TCT SW, Ann Watkins, SGYH (South Gloucestershire Youth Housing) Claire McHugh, Steve Claypoole, Care Leaver	Venue: Kingswood Civic Centre

Care Leavers have told us that they would have found moving on to independence much easier if they had developed more life skills before leaving care. Due to the “Staying Put” scheme, more young people are now staying with their foster carers past the age of 18, this can give more opportunity to ensure young people are ready for this transition.

This event aims to provide information for carers to understand the options for young people in terms of housing, education and benefits; to enable you to help to assess the needs of your young person. With this knowledge you will also be more able to consider how changes to the “fostering” status may have an impact on your household.

This event will follow the timeline for key events in a young persons’ life and will bring together expertise on elements of the “pathway plan” including careers advice.

CORE SKILLS TRAINING 6: Attachment & Physical & Emotional Wellbeing

Promoting Health and Emotional Resilience

Date: Daytime session 15th October or evening session January/February 2019 TBC

Time: TBC

Venue: Badminton Road Offices

Trainers: Catherine Charlton, Jackie Jarrett (Foster Carer), Dr Cundy (Community Paediatrician) & Liz Dando (Looked After Children’s Nurse) Mark Allen (Specialist Health Improvement Practitioner,)

This course is designed to be practical and participatory, and to build on the existing knowledge and skills of participants. It is also intended to be enjoyable!

Course Aims: To develop participants’ skills in promoting the health and well - being of looked after children and young people

To improve participants’ knowledge and understanding of their role in promoting the health and well - being of the children and young people they look after.

CORE SKILLS TRAINING 5: Report Writing

Course Title: Recording – Write Enough!

Date: Tuesday 10th July 2018

Time: 09:30 - 14:30

Trainers: Sue Scullard and Catherine Charlton

Venue: The Batch, Park Rd, Warmley, Bristol BS30 8EB

Date: Wednesday 16th January 2019

Time: 09:30 - 14:30

Trainers: Sue Scullard and Catherine Charlton

Venue: Keynsham Civic Centre W1.3
Market Walk, Keynsham BS31 1FS.

Course description: This course aims to improve the recording practice of foster carers and is linked to Induction Standards for foster carers. Experienced carers wanting to brush up on their recording skills are also welcomed.

The course learning objectives are to:

Ensure foster carers are clear about their role in recording.

Ensure foster carers are aware of national and local guidance and best practice in recording.

Provide an opportunity to practice recording skills and reflect on own practice.

CORE SKILLS TRAINING 3: Safer Caring

Course title: Safer Caring

Date: Tuesday 26th June 2018

Time: 09:30 - 14:30

Trainers: Sue Scullard & Catherine Charlton

Venue: Keynsham Civic Centre W1.3

Date: Tuesday 13th November 2018

Time: 09:30 - 14:30

Trainers: Sue Scullard & Catherine Charlton

Venue: Kingswood Civic Centre F38

This training will look at what we mean by safer caring and how to promote safe practices for those caring for children in their homes.

This course will enable you:

To understand the concepts of hazards, risks, and vulnerability

To recognise the hazards associated with caring for traumatised children and young people

To think about how to assess risks to the child, the carers and the agency

To think about how to manage these risks and reduce vulnerability

To consider safer caring within your own household

All carers welcome.

CORE SKILLS TRAINING 3: Safer Caring

Course Title: [Safer Caring Men in Foster Care Evening course](#)

Date: Thursdays 14th and 21st March 2019

Time: 18:30 - 21:00

Trainers: Alan Fazakerley

Venue: Badminton Road Council Offices, Yate

This important course is one of the core skills training courses and has been specifically designed to cater for the needs of male carers. It will be run by two male trainers.

The Course explores:

The important role men have as carers for children

Why males who choose to care for children are particularly vulnerable to allegations of abuse.

Where, when and how male foster carers show affection to children and under what circumstances touch is and is not appropriate.

Ways in which foster carer's practice is made safer for the foster child, themselves and others around them.

Course Title: Sensory Processing – helping children to learn how to self-regulate emotions and behaviour

Date: TBA

Time: 09:30 - 14:30

Venue: TBA

An Explanation of Sensory Processing Difficulties:

Sensory Processing Difficulties are characterised by the inability to accurately process information coming to the brain from the senses. This results in inaccurate judgement of sensory information such as touch, sight, movement, balance, taste, smell and sound.

Our experience of ourselves and the world is unique and we can all experience 'hiccups' in our sensory processing.

A person can be under or responsive when processing information coming into the different sensory systems, and this can fluctuate across the day.

This becomes a problem when it is persistent and interferes with daily life and learning.

Three main areas of difficulty are:

i) Turning messages into behaviour that match the intensity and duration of sensory input (tuning in or out, over or under reacting, or regulation)

ii) movement (planning or stabilising) difficulties (eg dyspraxia or postural problems)

iii) sensing similarities and differences between sensations.

Linda will give practical examples of how you can help children and young people to self-regulate, using simple techniques and tools. Emotional regulation and attachment behaviours are very closely linked. Trauma in infancy can disrupt this process and set the alarm system to mistakenly interpret sensory and emotional events as dangerous and threatening to our survival.

Linda will talk about the differences between sensory processing difficulties and attachment behaviours, and what to look out for.

Course Title: Secondary Trauma - Building Resilience to Stress Less	
Date: Wednesday 23 rd January 2019 Time: 09:30 – 16.30 Trainer: Gill Tree	Venue: Kingswood Civic Centre
<p>When faced with the challenging behaviours of a traumatised child we can become amongst other things, irritable, anxious, hopeless and overwhelmed. The intensity of the stress can make us feel inadequate, manipulated, exhausted and depressed.</p> <p>Participants will develop strategies for: Managing their reactions and reducing the triggers. Extreme self-care. Reducing stress and developing resilience. Gaining an insight into what lies behind a child's behaviour. Developing a greater rapport and connection with their child.</p>	

Course Title: Understanding Self Harm - a one day course for anyone supporting people who hurt themselves	
Date: Friday 14 th September 2018 Time: 09:30 - 14:30 Trainer: Sal Ball	Venue: Kingswood Civic Centre
Date: Tuesday 29 th January 2019 Time: 09:30 - 14:30 Trainer: Sal Ball	Venue: Kingswood Civic Centre
<p>In this 1 day training, aimed at all supporters and allies of people who self-harm, you will be provided with the opportunity to:</p> <p>Understand what self-harm is, and consider why someone might use this strategy as a way of coping with their experiences. Explore some myths and the impact of stigma for people who self-harm. Hear about what people who hurt themselves have said about self-harm, and what they have found helpful in professional and personal responses. Explore some of the shared challenges faced by supporters of people who self-harm from a wide variety of settings. Gain knowledge and information in order to build confidence when supporting someone who self-harms, including harm minimisation and safer self-harm approaches. Consider your own wellbeing and emotional health needs in a supportive environment.</p>	

Sexual Health Training Programme
For further details and dates of all courses below contact fpt_training@bathnes.gov.uk
<p>Alcohol, drugs and risk taking behaviours</p> <p>This course is designed to examine some risk taking behaviours which can impact on an individual's sexual health.</p> <p>Fourty percent of young people said they did not use a condom on at least one occasion whilst drinking, and alcohol and drug use are increasingly interlinked with sexual health concerns in young people. It is important therefore, to understand what the problems are, and how, as professionals and how we can help young people to minimise any detrimental effects on their</p>

sexual health.

Condom Card (C card) training

The C Card scheme is a free condom distribution scheme , enabling young people between the ages of 13 to 24 to access free condoms at various locations across B&NES. This course will help you to understand the rationale and process of becoming a C Card provider.

Drink Think (Alcohol brief intervention tool)

This course is aimed at professionals who meet adolescents at risk of alcohol misuse as part of their duties. Alcohol brief interventions have a strong evidence base, and these interventions are at their most effective when delivered in immediate response to an adverse consequence of drinking eg unprotected sex, sexually transmitted infections, regretted sex, accidents, arrest.

Impact of the Internet and Pornography on sex and relationships

This course aims to raise awareness of the issues associated with internet use and young people, including on-line grooming, sexting and pornography.

Sexual Health: What do young people want?

This one day training course is designed for anyone who is working with young people. It will provide a basic understanding of the issues relating to young people's sexual health. It is essential for staff working in a SAFE branded service, or those who deliver the C Card scheme.

Strategies to support the sexual health needs of young people with learning disabilities

A course aimed at improving skills when working with young people who have a learning disability in a sexual health and relationships context. Suitable for anyone who comes into contact with with young people with learning disabilities in their sexual health role.

Working with Lesbian, Gay, Bisexual and Transgender (LGBT) Young People and sexual health

This course is designed for those who are involved with, or planning to develop awareness and confidence when working with young LGBT groups or individuals. It will provide a basic understanding of issues surrounding LGBT young people, access to services and their individual health needs.

Working with young people around sexual health

A one day course for those working with young people who want to work more effectively with girls and young women and/or boys and young men. This course explores factors that need to be considered when planning sexual health interventions with young people and identifies the issues that arise when working with boys and young men, and girls and young women.

Course Title: [Signs of Safety Awareness](#)

Date: 14th May,
Time: 09:30 - 12:30

Venue: Kingswood Civic Centre

Date: 25th October
Time: 09:30 - 12:30

Venue: Kingswood Civic Centre

Date: 12th February 2019
Time: 09:30 - 12:30

Venue: Kingswood Civic Centre

This session is designed for workers who need to:

Know about the introduction of the SIGNS OF SAFETY framework in the council and partner agencies, and

Understand the basic concepts of Signs of Safety to assist them in their job role.

This 3-hour session is relevant to employees who:

- will not be using the Signs of Safety approach directly with families, but will see it in practice and

need to understand its simplest form

- need an introduction to the approach before they go on to do more specific role-relevant training.

Course aim: Briefly touch upon the basic Signs of Safety framework being introduced and the practice analysis domains

Explain the principles behind the approach

Provide delegates with an opportunity to use the framework and think about the questioning approach that is at the heart of it.

Course Title: [Something for the Boys; providing an engaging alternative to learning from porn](#)

Date: Wednesday 21st and 28th
November 2018

Time: 18.45 – 20:45

Trainer: Nikki Giles

Venue: F36/37 Kingswood Civic Centre

This course will explore what interventions are needed in order to properly engage boys and young men in RSE. It will analyse both what should be done, but also how education needs to be structured in order to prove appealing. An exploration of gender and identity forms the foundation of the course. Participants will get to use and evaluate a number of practical resources and learning exercises that have been shown to fit well with the learning needs of young men

This training provides an opportunity to;

1. Recognise what style of interventions work best with boys and young men
2. Understand how gender, and gendered expectations, impact on boys and young men
3. Recognise how to create 'safe' opportunities for thinking, reflection, discussion and learning
4. Recognise strategies for challenging the messages and assumptions boys and young men have learnt through the media and pornography
5. Explore the personal challenges practitioners often experience when working with boys and young men and plan effective responses
6. Use and evaluate the practical resources needed to deliver these interventions

Course Title: Support group for carers of pre-school children - children welcome		
Date: Tuesday 10 th April 2018 Time: 10:00 - 12:00 Subject: Q and A session Trainer: Jackie Wrench LAC Nurse	Venue: Time Out Club, Keynsham	
Date:- Tuesday 3 rd July 2018 Time: 10:00 - 12:00 Subject: Supporting and managing sleep	Venue: Time Out Club, Keynsham	
Course title: <u>X Change</u>		
Trainer: Jane Peters Health Visitor		
Are you seeking advice from others who may have “walked in your shoes?”		
Date:- Wednesday 10 th October 2018 Time: 10:00 - 12:00 Do you have fostering experience that could benefit other carers? Or are you new to fostering and wish to expect Subject: Asthma and Rashes Trainer: Jane Peters Health Visitor	Venue: Time Out Club, Keynsham	
Date: Thursday 6 th December 2018 Time: 10:00 - 12:00 Topic: and those offering advice can all feel heard.	Venue: Time Out Club, Keynsham	
Date: Thursday 21 st March 2019 Time: 10:00 - 12:00 Topic: Carers with knowledge of a particular topic will be asked to take part, outside speakers can also invited.	Venue: Time Out Club, Keynsham	
Other speakers have been invited to cover the following topics:. All sessions will run from 10am to 1pm, the last hour will an opportunity to bring and share lunch and continue your discussions Developmental milestones and when to seek a health review, the Ages and Stages assessment, development of speech and language •Heart murmurs		
Foster Carers across both areas are invited to come together to share knowledge, and experience. This is an open group, but please let us know if you are planning to come.		
Dates	Venue	Subject
Monday 23rd April 2018	The Batch, 8a Park Road, Warmley BS30 8EB	FREE DRUGS information & how to talk to young people about it. - Justin Hoggans Foster Carer
Wednesday 16 th May 2018	Community Space, Keynsham	Benefits that animals can bring to our children.– Tracey Haines, Foster Carer
Tuesday 12th June 2018	Armadillo Centre, Yate	Young people missing from care
Thursday 12 th July 2018	Community Space, Keynsham	Fostering asylum seeking children and young people, one carer’s experience. Facilitated by Liza Walker, Foster Carer. This session will draw together carers who already have experience of this type of fostering, and those who are considering this task.
Wednesday 12th September 2018	The Batch, 8a Park Road, Warmley BS30 8EB	Staying Put and living together agreements
Monday 12 th November	Community Space, Keynsham	Life History Work
Monday 3rd December 2018	The Batch, 8a Park Road, Warmley BS30 8EB	Working with young people that display harmful sexual behaviour. Alice Hunt from Be Safe will lead this session.
Tuesday 29th January 2019	The Batch, 8a Park Road,	

	Warmley BS30 8EB	
Tuesday 26 th February 2019	Community Space, Keynsham	Enjoying your teenagers!

Course Title: Talking to your Children and Young People about Relationships, Sex and Sexual Health		
Date: Tuesday 12 th March 2019 Time: 09:30 - 14:30 Trainers: Nikki Giles and Liz Dando (LAC Nurse)	Venue: Kingswood Civic Centre Rm F39/40	
<p>The course aims to equip Foster Carers with the specific skills, knowledge & resources to confidently initiate and respond to conversations about their children's relationship, sex and sexual health needs. This training is delivered by specialist staff from South Gloucestershire Council & North Bristol Trust. It will draw heavily on evidence & case studies from the field to ensure the delivery remains rooted in the context of the specific challenges & difficulties experienced by looked after children & young people.</p> <p>See also: Something for the Boys; providing an engaging alternative to learning from porn.</p>		

Course Title: Developing Healthy Relationships and Emotional Resilience		
Date: Wednesday 12 th September 2018 Time: 18:45 – 20:45 Trainers: Mark Allen and Nikki Giles	Venue: F36/37 Kingswood Civic Centre	
<p>This course will explore the links between healthy relationship development, positive mental health and strong emotional resilience. Whilst there is a developing knowledge element the course's primary purpose is to provide participants with the practical skills and resources needed to engage young people in discussion and learning opportunities that promote healthy relationship behaviours and choices.</p>		

CORE SKILL 7: Managing Behaviour		
Course Title: Theraplay:		
Dates: Spring 2019 over 4 morning sessions Time: 10:00 – 13:00 Trainer: Ali Cliffe	Venue: TBC	
<p>This practical workshop will help you to understand the children in your care, and manage their often unique challenges.</p> <p>The attachment - based parenting techniques taught in this workshop are proven to strengthen family bonds and help bring joy, fun and laughter back home. We use lecture, discussion, video demonstrations of real families and practice sessions that will enable parents to return home with engaging and effective tools to:</p> <ul style="list-style-type: none"> Help children feel more comfortable accepting adult guidance and leadership. Direct behaviour without being punitive. Communicate without constant rewards and threats of consequence. Discipline in a way that is effective and fosters learning rather than making the child feel ashamed and vengeful. Integrate playful, reciprocal interactions to enhance the child's sense of well - being and self – esteem. Help to enhance a lasting connection between carer and child. Bring joy, laughter and fun to the family. <p>What parents have said about this programme:</p>		

“This workshop was one of the best and most important things I ever did for our family! I knew we needed help, but the services we were getting were not working. At the training I learned specific techniques that have changed our family dynamic, resulting in huge strides forward. It changed our lives and we will be forever grateful for that first step.”

Course Title: [Total Respect](#)

Date: 2 ½ Day Course: Tuesday and Wednesday
2nd and 3rd July and ½ day on Thursday 20th September 2018
Time: 09:30 - 14:30 and 09:30 - 12:30 (3rd Session)
Trainer: Care Experienced Young People and Children's Participation Officer

Venue: Kingswood Civic Centre

“WHAT IS IT?”

Total Respect is a national training course designed with the help of young people in care about being in care. It aims to help adults understand the needs and experiences of children and young people in care, how we can listen to children and young people, act on their wishes and feelings and what we need to do to make sure this is effective.

Total Respect is unique in that care - experienced young people co-deliver the training. It is, therefore, an excellent opportunity for staff and counsellors to learn from young people themselves whilst developing their skills and knowledge to actively promote children's rights and participation.

Course Title: [Virtual School Keeping in Touch Days](#) – South Gloucestershire

Date: Wednesday 4th July
Time: 10:00 – 12:00
Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.

Venue: The Armadillo
Focus: Transitions

Date: Tuesday 11th September
Time: 10:00 – 12:00
Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.

Venue: The Armadillo
Focus: Follow up session - How has your transition gone?
The importance of socialising in secondary school and how you can help.

Date: Tuesday 20th November
Time: 10:00 – 12:00
Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.

Venue: The Armadillo
Focus: The role of the Virtual School
Some common problems that children and young people face in education,
How to make Personal Education Plans (PEP's) work for your child.
How you can support the child or young person in your care.

Date: Thursday 17th January
Time: 10:00 – 12:00
Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.

Venue: Poole Court, Yate
Focus: Revision techniques and how to support your child

Date: Wednesday 6th March
Time: 10:00 – 12:00
Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.

Venue: The Armadillo
Focus: How to help your child improve their Reading.
As most schools provide sessions for parents/carers in how to support your children in this area, we actively encourage you attend these. However you may not have been able to attend

	these for a number of reasons. Once again, if you have a specific request please let Catherine Charlton know.
Date: Tuesday 30 th April Time: 10:00 – 12:00 Trainer: Steve Claypoole, Jo Hiam, Jayne Graham.	Venue: The Armadillo Focus: How to help support your child with Maths. As most schools provide sessions for parents/carers in how to support your children in this area, we actively encourage you attend these. However you may not have been able to attend these for a number of reasons. Once again, if you have a specific request please let Catherine Charlton know.
<p>The Virtual School value the time they spend with carers, and to enable this to be an even more successful partnership between school and home, would like to have more sessions available for meeting you during the course of the year.</p> <p>Each session will have a focus, but as ever, if there are topics we haven't identified that you would find more helpful, please let Catherine Charlton know, by emailing: catherine.charlton@southglos.gov.uk.</p>	

Core Skills Training 6&7: Attachment & Well-being Course Title: Why and How? Attachment and Emotional Health for Young People Looked After.	
Date: Tuesdays 2 nd , 9 th , 16 th October 2018 Time: 9.30 – 12.00	Venue: The Batch
Date: Thursdays 31 st Jan, and 7 th , 14 th Feb 2019 Time: 09:30 - 12:00	Venue: Poole Court, Yate
<p>This is a training course for Foster Carers and Adopters (including kinship care) that will build on your knowledge and understanding of attachment. This will help you understand, survive and facilitate change in the behaviours of the children you care for.</p> <p>Training includes:</p> <ul style="list-style-type: none"> Introduction to attachment theory, its significance in normal infant development The impact of attachment experiences on brain development The impact of trauma on child development Different attachment styles The meaning behind children's' behaviour; understanding and responding to complex emotions and behaviours such as the need to be in control, pervasive shame and extreme anger Interventions in managing family atmosphere The impact of children's' behaviour on parents and carers. Looking after yourself and your emotions 	

E-Learning Courses

Kate Cairns Associates ON - LINE COURSES

Grounded in an understanding of the needs of children and young people, KCA's online courses aim to develop knowledge, skills and reflection not by taking people out of their workplace, but rather by sending them to explore their workplace and their work relationships as part of an ongoing learning journey.

Activities and exercises require learners to 'stop and think' or 'go and do' and to record their discoveries in their online journal. With the facility for the journal to be shared with a designated learning mentor as a space for online reflective discussion, this makes for superb work - based learning, promoting practical application and professional conversations. Although the learning is guided online, with input from experts, in reality people are learning from and alongside their managers, colleagues and service users.

For more detail on the courses please look on - line at: <http://www.kca.training/?service=e-learning> this will give you more detail on the courses available, then request a course to be allocated to you via:

B&NES Carers:

Sue Scullard on Tel: 01225 395068, email: Sue_Scullard@bathnes.gov.uk

South Glos Carers:

Catherine Charlton on Tel: 01454 866026, email: Catherine.Charlton@southglos.gov.uk

Or ICSCAHBusinessSupportBMR on Tel: 01454 868095 or email:

ICS-CAHBusinessSupportBMR@southglos.gov.uk (FPT: in Subject box)

LEVEL 2 COURSE TITLES (5 hour course)	Core Skill
Introduction to attachment and brain development ♥	6
Introduction to child development ♥	
Introduction to child protection	2
Introduction to communicating with children and young people ♥	
Introduction to promoting secure attachment: brain development and positive parenting ♥	6
Introduction to understanding trauma ♥	
LEVEL 3 COURSE TITLES (10 hour course)	
Adolescence	
Assessing and managing risk ♥	3
Attachment and brain development ♥	6
Behaviour and the physical environment	7
Brain development and Positive Parenting ♥	6
Building Resilience ♥	6
Child Centered Assessment	
Child Development ♥	6
Child Protection	2
Children's rights	
Child sexual exploitation: Protecting children and young people from harm	8
Children and young people who misuse substances	
Children's rights	
Communicating with children and young people □	

Confidentiality and record keeping	5
Contact in Foster Care	
Domestic violence	
Eating Disorders: A relationship-based approach to prevention and recovery	
Emotion Coaching ♥	6 & 7
Equality and Diversity ♥	4
Five to Thrive for life: Adolescence	
Foetal Exposure to Alcohol ♥	
Impulsive Behaviour ♥	7
Making safe connections – the digital revolution, neuroscience and human attachment needs.	
Men in Children's services	
Multi - disciplinary working	
Narrative work ♥	
Parental mental health ♥	
Professional development	
Safer Caring ♥	3
Secondary trauma ♥	
Self - harming behaviours ♥	
Sexualised behaviour: Issues in foster care ♥	
Supervising foster care	
Teamwork	
The role of the foster carer	
Transitions and vulnerability ♥	6
Understanding Trauma ♥	6

LEVEL 4 COURSES (20 hour course)	
Behaviour and the physical environment: - Adapting the physical environment to promote recovery from trauma ♥	7
Building individual and community resilience: ♥	6
Emotion coaching: A systemic, relational approach to behaviour ♥	6 & 7
Equality and diversity in professional practice:	4
Foetal alcohol spectrum disorders: systemic approaches to improving life chances for children and young people. ♥	
Maladaptive behaviours: - - Promoting recovery for children who harm themselves ♥	
Narrative work: The development of a positive sense of self ♥	
Secondary trauma and community resilience: ♥	
Sexualised behaviour - : Managing risk, promoting recovery ♥	
Vulnerability, trauma and recovery: ♥	6

AC Education online

In addition to KCA, South Gloucestershire have also subscribed to AC Education online. Below is a list of other E - learning courses which are also available. To request one of these courses please email:

Catherine Charlton on Tel: 01454 866026, email: Catherine.Charlton@southglos.gov.uk

Core Knowledge and Values	
Family and Friends Connected Persons Care	
Online Safety and the Impact of Social Media	2
Promoting Health and Development	
Managing Allegations	
Therapeutic Care	
Healing Environments	6
Life Story Work	
Positive Parenting Techniques for Parents and Carers	7
Therapeutic Care and Social Pedagogy	
Supporting Adolescence	
Drug Awareness for Parents and Carers	
Making Sense of Adolescence	
Teenage Challenging Behaviour	7
Vulnerable Children having Vulnerable Children	
Youth Justice System	
Working with Looked After Children	
Caring for the Carers	
Caring for a Child of a Different Ethnicity	
Children and Young People who run away from Social Care Settings	
Court Skills	
Fostering Asylum Seeking and Refugee Children	
Fostering Skills	
Parent and Child Placements	
Permanency	
Promoting Positive Contact	
Promoting the Achievement of Looked After Children in Education	
Staying Put	
Supporting Young People Leaving Care	
Understanding Adoption	
Working With Birth Parents within Fostering and Adoption	
Working with Travelling Families	

Understanding Trauma & Promoting Positive Behaviour	
Bereavement	
Bullying	
Caring for a child that has been Sexually Abused	2
Children and Domestic Abuse	2
Children and Parental Substance Misuse	
Female Genital Mutilation	2
Sexual Exploitation and Child Trafficking	8
The Impact of Trauma on Sensory Processing	6
Working in Health and Social Care	
Food Hygiene and Nutrition	
Working with Disabilities & Special Educational Needs	
ADHD and Conduct Disorders	7
Autism	
Foetal Alcohol Spectrum Disorder	
Introduction to Positive Behaviour Support	7
Physical and Learning Disabilities	
Understanding Dyslexia and Dyspraxia	
Working with Disabled Children and Young People	
Keeping Children Safe Online	
Online Safety and Cyberbullying	2
Pornography and the Potential Impact on Young People	
Social Media, Selfies and Sexting	

South Gloucestershire LSCB ELearning (Please make a choice from your own authority).

Safeguarding Children e-modules. Click on the link for more information about each e-module.

[Awareness of Child Abuse and Neglect](#) - It is essential that this course is completed before attending Inter Agency Child Protection.

[Awareness of Domestic Violence and Abuse](#) including the Impact on Children,

Young People and Adults at Risk – It is essential that this course is completed before attending the Domestic Violence and Abuse Intermediate level course.

[An Introduction to FGM](#), Forced Marriage, Spirit Possession and Honour Based Violence.

[Child Development](#) – Children’s and Young People’s Development in Health and Social Care Settings

[Safeguarding Children and Young People from Abuse by Sexual Exploitation](#) - For anyone whose work brings them into contact with children and young adults.

[Working with Children with Disabilities](#) - a specialist course aimed at professionals working directly with disabled children

To access any of these e-modules email hrworkforcedevelopment@southglos.gov.uk with your name, job title, telephone number, and workplace including post code.

B&NES Children’s Workforce and LSCB ELearning (Please make a choice from your own authority).

To access any of these e-modules email fmt_training@bathnes.gov.uk

Drug and Alcohol Awareness

Autism Awareness

Childhood Obesity

Children of Prisoners

Child Sexual Exploitation

Domestic Abuse

Equalities and Trans Awareness

Female Genital Mutilation (FGM)

Forced Marriage

Mental Capacity Act

PREVENT

Radicalisation

Social Media

Personal Resilience

Strategies to Support the Sexual Health Needs of Young People with Learning Disabilities

BATH AND NORTH EAST SOMERSET SUPPORT GROUPS, CLUBS AND RESOURCES

“Caring for Carers Group” for Foster Carers, Family & Friends and Family Link Carers

This is an opportunity for B&NES carers and staff to have time to meet together. A number of Family Placement Team staff will be available, including managers, some social workers and our psychologist.

We are aiming for consultation alongside you, and an opportunity for some social time. We look forward to seeing you there.

All sessions will run from 10:00 - 12:00 at the Community Space, Keynsham

Wednesday 23rd May 2018

Thursday 6th September 2018

Thursday 24th January 2019

Thursday 7th March 2019

Pre-school Support group

All held at the Time Out Club, Keynsham from 10am to 12. Dates:

Tuesday 10th April 2018

Tuesday 3rd July 2018

Wednesday 10th October 2018

Thursday 6th December 2018

Thursday 21st March 2019

B&NES Children of Foster Carers' Group (CFC)

All sessions will be 17:30 - 19:30

Sessions will run three times a year in term time.

Contacts for Children of Foster Carers' Group CFC:

Sue Scullard	(01225) 395068	sue_scullard@bathnes.gov.uk
--------------	----------------	--

In - care Council and advocacy service for B&NES

<http://www.offtherecord-B&NES.co.uk/our-services/participation/in-care-council/>

The In Care Councils (Junior In Care Council for 7-11 year old's and Senior In Care Council for 11-19 year old's) work with children and young people who are in care in B&NES. They support these young people to guide the development and delivery of services to their peers. They meet regularly with professionals and decision makers to share their views and experiences.

Multi - cultural Library

A catalogue is available containing a wide selection of toys, books, CDs for a range of age - groups. These resources can be booked through your family placement team social worker.

Lists of local resources of faith venues and shops/restaurants which cater for many ethnicities are also available, please ask if you would like a copy, or download from our website.

SUPPORT GROUPS IN B&NES AREA

Autistic Spectrum Disorder Support Group National Autistic Society (NAS) – Bath Branch

Date: Every other Friday
Time: 17:30 - 19:00

Venue: Percy Centre, Bath

A variety of activities for the whole family with a child/young person on the autistic spectrum, age range from 0 – 20. Please ring Nicola Seviour 07771 543172 for further details of the support group. Email asdbath@outlook.com

Butterflies - Haven (Autistic Spectrum related challenges)

Fridays 18:30 - 20:00 – Young Voice Social Club ages 3 - 11, parents welcome

Tuesdays 19:00 - 20:30 – Step Up Youth Group ages 12 - 16

Venue: The @one Centre 1, The Park, Keynsham, Bristol BS31 2BL

Offering a caring, supportive organisation plus social events for Parents/Carers, Children and Youths who experience Autism Spectrum related challenges. (With or without Diagnosis)

Tel: 0117 3290123

Email: butterfliesnetwork@hotmail.com

FACES (Families of Autistic Children Encouraging Support)

Dates: See contact below
18:30 - 20:00

Venue: Percy Community Centre, New King Street, Bath

Do you have an ASD child who is at mainstream school? Would you like to meet other parents and families who are going through the same issues as you? This group is open to the whole family - your ASD child and their siblings.

Supervised activities will be on offer for your children to enjoy, whilst you relax and chat over a coffee.

Come and talk, listen and share your experience of living with a child with ASD.

We'll be asking for a family contribution of £5. Please contact us for dates of our forthcoming meet - ups.

To help us cater for the right number of people, please call or text 07771 543172 or email: asdbath@outlook.com to book your place.

Black Families Education Support Group

Date: Saturdays (term - time only)
Time: Various

Venue: Various

A variety of activities for 12 - 16 year olds as well as half term activities. A lot of the activities have a focus on Identity, Heritage and Culture.

The activities are ever changing depending on what young people want to do and what our focus is but the Saturday classes, Urban Arts/Urban Arts Juniors and Mentoring programmes are on - going during term - time. For further information contact: 01225 787925 Karla Neblett rla@bathnesrec.org.uk

SOUTH GLOUCESTERSHIRE SUPPORT GROUPS AND CLUBS

Children in Care Council

The Children in Care Council is a supportive group for young people in Care. We learn about what we can do to make people in care feel more happy and safe. We meet at the Armadillo, play games, have discussions as well as speak to decision makers at the council. We also get to go on fun trips as well as have social time and free food. If you want to get involved or find out more information contact Blanche: Blanche.duffy@southglos.gov.uk . Transport can be provided.

South Gloucestershire Support Group for Foster Carers

Carer Led Support Groups

One Voice, Foster Care Association runs support groups for carers of Littlies (0-5), middlies (5-13) and teens (13+). For further information about when these groups are running please contact onevoicefca@aol.com and watch your inboxes as emails will be sent with upcoming group details!

Pitstop - This is a drop in coffee morning for all foster carers at Shireway Community Centre Yate BS37 8YS, 10am-12noon. This tends to run every other Friday in term time:

April 13th & 27th
May 11th & 25th
June 8th & 22nd

SGO and Kinship Carers Coffee Mornings.

This is a support group for Special Guardians and Kinship Carers, who meet at:
The Armadillo Centre, Station Road, Yate BS37 4FW or at
The Batch Community Centre: 8a Park Road, Warmley, Bristol, BS30 8EB.

The group will discuss any issues relevant to the care and wellbeing of the children you care for. All Special Guardians and Kinship Carers are welcome, especially if you are a new carer and would like to meet others in a similar situation. Please come along to an informal and friendly group where you can share your experiences and get support from others who understand. You don't need to book.

All held on Wednesdays 10am till 12noon:

18th April at Armadillo
23rd May at The Batch
20th June at Armadillo
19th September at The Batch
17th October at Armadillo
21st November at The Batch

For more information, please contact Ami Chong on 01454 866089

Sons and Daughters

This group gives Foster carers' own children an opportunity to come together four times a year and share an activity and give them a chance to talk about common issues connected to being part of a fostering family. As we know, being part of a fostering family can be a wonderful experience, but it can also bring some challenges that they may want talk about.

The first session took place in February at Gloucester Ski and Snowboard Centre. This was great fun and all who went thoroughly enjoyed themselves. This group is open to all Foster Carers own

children aged 7 -17 year olds.

At this event we will be asking for suggestions from the children and young people for suggested future activities that they would like to attend. These activities could be split into age groups giving everybody an opportunity to do something that they really like.

For more details please contact either:

Lyn Moger Lyn.Moger@southglos.gov.uk tel: 01454 866093

Lindy Tovey Lindy.Tovey@southglos.gov.uk tel: 01454 862678

South Gloucestershire Adoption Support Groups♥

South Gloucestershire Adoption Support services are in the process of being regionalised to Adoption West. This is due to take place in July 2018, however if you do require help or support in the meantime, please contact your allocated worker or telephone the following number 01454 866088 or email adoptionduty@southglos.gov.uk . Thank you

Coffee Mornings for Adoptive Parents♥

The Adoption coffee mornings are on the second Monday of every month from 10:00 - 12:00 at Patchway Children's Centre, Epney Close, Patchway BS34 5LN. The coffee mornings are an opportunity for adopters to discuss any concerns or questions that they have about supporting children in their adoptive placements. All adopters are welcome but the group will be specifically available to support adopters with new placements. These coffee mornings are currently planned to run up until June 2018.

Reminders will be sent out to all adopters in the week before each coffee morning.

Support Groups

Thinking Aloud: Specialist CAMHS Service for Children Looked After Away from their Birth Parents

Thinking Aloud is a specialist Child and Adolescent Mental Health Service (CAMHS) team, made up of clinicians who are employed by the NHS but who work at Badminton Road Offices alongside the Social Care teams. We are set up to help support the emotional wellbeing of young people who are looked after away from their birth parents and their carers. This means we work with families where children are in foster placements, are living under Special Guardianship Orders or are adopted. We see carers as being a fundamental part of the support system around a young person, and a great deal of our clinical work is focused on supporting carers in the vital caring that they provide.. A really important part of our work is the delivery of groups. We run one three-session group called 'Why and How', which gives an introduction to how attachment and trauma can impact on a young person. This is suitable for carers and professionals, and is run once each term at a different day and time. We also run a longer ten-session group, specifically for carers, called 'Butterflies and Bees'. This builds on attendees understanding of attachment and trauma, and looks to apply these concepts to the young people they look after. We also spend time thinking about practical techniques and strategies that can help facilitate change. Some of our work is also directly with individual young people and their families. This work is accessed by making a referral to Thinking Aloud, usually through the social worker.

Little Treasures ♥

Do you have a child with additional needs?

Little treasures is a parent led play and support group for children with additional needs, their parents, carers and siblings to come together and meet others in a similar position.

We aim to provide a suitable environment for any child's needs. We have toys that can be enjoyed by all, including sensory equipment and activities to encourage group play. We also offer a healthy but tasty snack for the children and adults!

Thursdays (term time only) 10:00 – 12:00 suggested donation of £3 per family to help cover running costs. Please call tel: 07876 646683 or email Team@sglospc.org.uk to ask any questions.

Hanham Baptist Church Hall, Hanham High Street, Hanham, BS15 3QY (Car park accessible via Wesley Ave)

South Glos Parents & Carers - Supporting families in South Glos for families with children and young people aged 0 - 15 with Special educational Needs and Disability.

Autistic Spectrum Disorder Support Group National Autistic Society (NAS) – South Gloucestershire Branch

Bradley Stoke Support Group (Daytime) THIS IS TERM TIME ONLY

We meet from 13:00 - 15:00, usually the first Thursday of the month but please contact us to confirm.

Location: The Jubilee Centre, Savages Wood Road, Bradley Stoke, Bristol BS32 8HL
Group run by Joanne Osborne (Joint Branch Officer).

Winterbourne Support Group (Evening)

The second Wednesday of each month, from 19:00 - 21:00.

Location: The Greenfield Centre, Park Avenue, Winterbourne, Bristol BS36 1NJ
Group run by Ann-Marie Down – Branch Officer.

For further information and to check dates for the above groups please visit:

<http://nassouthgloucestershirebranch.webeden.co.uk/home/>

and click on 'Support Groups' & Dates or contact: southgloucestershire@nas.org.uk or

Tel: 07917 085 132

For Local Activity Groups, visit the above website and click on the link 'Activities' where you will find a wealth of support and information.

ADDITIONAL SERVICES

B&NES Healthy Lifestyle Service

If you have any concerns about food or lifestyle issues with the children and young people you care for, **please contact a Food and Health Co-ordinator:**

Tel: 01225 831509

Letterbox Club – B&NES and South Glos

The Letterbox Club focuses on improving the educational outlook for looked - after children in Years 1,3,5 and 7 . Each child participating in the programme will receive a parcel once a month for 6 months. The parcels are full of interesting reading and maths materials and delivered by post to the young people wherever they are living.

If you would like further information regarding this scheme either visit the website:

www.letterboxclub.org.uk or contact sarah_gunner@bathnes.gov.uk or Steve Claypoole at: steve.claypoole@southglos.gov.uk

USEFUL WEBSITES

Name Website	Information
fostering.bathnes.gov.uk	B&NES Fostering Website
http://www.fostersouthglos.org.uk	South Gloucestershire Fostering Website
<p>FOSTERLINE www.fosterline.info enquiries@fosterline.info</p> <p>Tel: 0800 040 7675 Textphone: 18001 01527 836910</p>	<p>What is Fosterline? Fosterline is a free, government funded, helpline providing confidential, impartial advice, information and support on the broad range of issues of concern to foster carers and those interested in fostering. As well as providing information, Fosterline can suggest options for resolving fostering - related problems and advise on how to access other services and sources of support for foster carers.</p> <p>How can you get in touch? You can speak to one of our skilled and experience fostering advisors in complete confidence by calling Fosterline on 0800 040 7675 Textphone: 18001 01527 836910 (language line service available). Between 9am and 5pm Monday to Friday (except public holidays – answerphone outside of these hours)</p>
<p>FOSTERING NETWORK https://www.thefosteringnetwork.org.uk/</p>	<p>The Fostering Network is the UK's leading fostering charity, bringing together everyone who is involved in the lives of fostered children to make foster care the very best it can be.</p> <p>Contact: Email: info@fostering.net General Enquiries: 020 7620 6400</p> <p>Members of The Fostering Network can call us with any queries or areas they want to discuss further on 020 7401 9582 from 10am-3pm, Monday to Friday.</p> <p>We endeavour to answer all calls directly. However, if you call during opening hours and reach our voicemail, please leave a message clearly stating your name and number and we will get back to you within 24 to 48 hours.</p>
<p><u>Multi - Cultural Events</u></p> <p>Bath International Music Festival http://visitbath.co.uk/whats-on/bath-international-music-festival-p52861</p> <p>Bath Fringe Festival http://visitbath.co.uk/whats-on/bath-fringe-festival-p55981</p> <p>Bridges for Communities http://www.bridgesforcommunities.com/about-us</p> <p>WOMAD – World Organisation for Music and Dance</p>	

<http://womad.co.uk/>

Keynsham Music Festival

<http://www.keynshammusicfestival.co.uk/>

Black Families Education Support Group

<http://www.blackfamilies.org.uk/>

Visit Bristol

<http://visitbristol.co.uk/whats-on/festivals>

Yate International Festival

<http://www.myyate.co.uk/yate/e/7034/yate-international-festival>

The Centre for Adoption Support and Education

www.adoptionsupportcentre.org

Tel: 0117 955 8826 or email info@adoptionsupportcentre.org .

Keep Up to date with all of the exciting activities taking place at the Centre:

Workshops with Dr Corinne Rees:

Tuesday 24th April - Identity - Exploring and expressing identity for children and adopters

Tuesday 22nd May - Life in the womb

Regular events:

- Toddlers Group 0-4 years Wed, Thurs, Friday 10:30-12:00
- After School Club for 5-8 year olds 4:15-5:15
- LGBT Adoption Coffee mornings
- Single adopters afternoon tea
- Wellbeing Sundays Hop, Skip & Jump, Grimsbury Rd, Kingswood BS15 9SE – cost £7.50
- Dad's support group
- Mother's support group
- Support Through Early Permanence (STEP)
- **New** Family Mentor Scheme
- **New** Adopting Mindfulness, a course for parents

Community Safety ♥ *Smoke Alarms & Road Safety*

Date: Home visits by arrangement by members of the Fire Service

Venue: your home

Time: By arrangement

A Community Safety Officer is available to carry out Fire Safety Visits in your home. They can provide advice on all aspects of fire safety in the home and will fit free smoke alarms if required. They will work out escape plans for you and young people in placement and can also discuss Road Safety with young people. For further details or to arrange a visit (for South Glos or B&NES carers) please contact: Tel: 0117 9262061

Smoking Cessation ♥

Free support for anybody aged 12+ who is interested in quitting smoking. We offer group sessions and individual one - to - one support. specially trained advisors will help you create a quit plan, which can include Stop Smoking medications (such as Nicotine Replacement Therapy) on prescription. For more information, please contact: B&NES Healthy Lifestyle HUB 01225 831852

Resources

A range of relevant articles, books, DVDs and training packs are available for you to access on a loan basis (4 weeks) some of these are children's resources that can be lent directly to the child you care for e.g. books about coping with loss, dealing with anger, sexuality etc.

Some are materials that you may have used within a training session that are already prepared.

Equally we would encourage you to make use of your local Library Service. I have recommended books to them and they are happy to receive requests from members of the public.

We also welcome your suggestions on what additional books and materials are required.

We are committed to providing accessible information.

How to book courses:

Bath & North East Somerset Carers

For bookings & enquiries please contact:

Sue Scullard or Sherry Webster

Tel: 01225 394949 Email: fpt_training@bathnes.gov.uk

Bath & North East Somerset Council, Children's Service, People and Communities Department,

Family Placement Team, Lewis House, Manvers Street, Bath BA1 1JG



@FosteringBANES



@BANES_Fostering

South Gloucestershire Carers

For bookings please contact:

Business Support

Tel: 01454 868095

Email: ICS-CAHBusinessSupportBMR@southglos.gov.uk (FPT: in Subject box)

For enquiries please contact:

Catherine Charlton

Tel: 01454 866026 Email: catherine.charlton@southglos.gov.uk

South Gloucestershire Council, Department for Children Adults and Health, Family Placement Team,

PO Box 298, Civic Centre, High Street, Kingswood, Bristol, BS15 0DQ



@Bthere2care



@sglosCouncil

South Gloucestershire Online Booking System

You are able to view and request places on training yourselves by visiting:

www.learning.southglos.gov.uk If you experience difficulties booking on to courses, see page 29 for de-

Images used for illustrative purposes only and any person depicted in the content is a model.